

U3A PINE RIVERS INC
UNIVERSITY OF THE THIRD AGE



Learning for leisure and pleasure

NEWSLETTER

Semester 2

July to December 2026

All correspondence regarding U3A Pine Rivers should be addressed to:

The Secretary
U3A Pine Rivers Inc.
PO Box 507
Kallangur, Qld 4503

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Web: u3apinerivers.org.au
Telephone: 3880 6677
ABN: 68 518 990 950

U3A Pine Rivers Centre, 1480 Anzac Avenue, Kallangur.
Reception. Monday to Thursday 8:30 am to 1:00 pm
Friday 8:30 am to 12 noon
Hon. Solicitor: Bryan Galvin

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U3A PINE RIVERS INC. — MANAGEMENT COMMITTEE

U3A PINE RIVERS INC. — MANAGEMENT COMMITTEE		
President	Tony Nobbs	president@u3apinerivers.org.au
Secretary	Margaret Harding	secretary@u3apinerivers.org.au
Treasurer	Jenny Everson	treasurer@u3apinerivers.org.au

U3A PINE RIVERS INC. — MANAGEMENT COMMITTEE

Committee member	Derek Macfarlane	
Committee member	Dianne Gregory	
Committee member	Fiori Cruz	
Committee member	Ken Passmore	
Committee member	Kristy Allt	
Committee member	Laurel Boswell	
Committee member	Ron Cooper	

COMMITTEE SUPPORT

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COMMITTEE SUPPORT

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Venues Bookings Officer	Jenny Everson	venues@u3apinerivers.org.au
Welfare Support Officer	Chris Negline	
Work Health & Safety	Claire Anderson	

LOCATIONS WHERE CLASSES MAY BE HELD

U3A Pine Rivers Centre	1480 Anzac Avenue, Kallangur
Calala Drive Hall	25 Calala Drive, Strathpine
Everton Glen Reserve	11 Cabrilla Street, Everton Hills
Kallangur Community Hall	1480 Anzac Avenue, Kallangur
Lawnton Community Centre	Cnr Todds Rd & Ellis St, Lawnton
Salvation Army	27—29 Lawnton Pocket Rd, Lawnton
Samford Bowls Club	Mt Samson Road, Samford
Strathpine Library	Cnr Station St & Gympie Rd, Strathpine

PRESIDENT'S REPORT

Welcome to our Second Semester Newsletter for 2026.

This newsletter is kindly printed by the office of Ali France, Federal Member for Dickson. We extend our sincere thanks to the members who contribute to, proofread, or package this valuable publication.

You will notice some changes in the layout of our class information. This was done primarily to allow members to access all details about a class in one single place. Happily, it also reduces the number of pages we need to print—saving trees and reducing the workload for those compiling it.

At our AGM in March, **Bronwen Winn** was awarded Life Membership for her meritorious service to U3A Pine Rivers Inc. Since joining us in February 2017, Bronwen has been an invaluable asset to our organisation. Over the past nine years, she has poured her heart into numerous volunteer roles, including Centre Administrator, Newsletter Editor, Receptionist, and Assistant Course Coordinator.

As President for four years, Bronwen led our organisation with grace, setting a warm and welcoming tone through her caring interactions with members, visitors and fellow volunteers alike. Always a passionate advocate, Bronwen has truly been at the forefront of promoting everything U3A Pine Rivers stands for—championing our presence at Open Days and delivering information sessions to other organisations interested in what we do. Bronwen, we thank you deeply for all you have done.

Our membership continues to grow steadily, as you have no doubt noticed by the bustling activity in our kitchen and recreation area!

To cater to this wonderful increase, the committee is looking to improve our facilities. Plans are underway for improvements to the kitchen, alongside changes to the configuration of Room 4. Additionally, we have upgraded the Wi-Fi facilities at Calala Hall, which will allow us to expand our use of that venue moving forward.

We would also like to express our gratitude to all the volunteers who make the running of U3A Pine Rivers possible, with a special shout-out to the new members who have recently joined the team to help spread the load.

Remember the old adage, "*Many hands make light work.*" If you would like to get involved and help out, please leave your name and details at reception—we would love to have you.

Enjoy your time with us this semester, both in your chosen activities and your social interactions.

Tony Nobbs

MEMBERSHIP

- New Membership: \$35.00
- Half-year membership: \$20.00
- Renewal: \$30.00 year.00
- Affiliate Membership: \$15.00

Affiliate members: Please show proof of your current membership (your badge or membership receipt) by emailing membership@u3apinerivers.org.au or by presenting it at Reception.

PAYMENTS

Payments can be made at:

- U3A Pine Rivers Centre, 1480 Anzac Avenue, Kallangur from 8:30 am to 1:00 pm Monday to Thursday and 8:30 am to 12 noon Friday. Cards or cash are accepted.
- Via EFT—details are below or on the website u3apinerivers.org.au.

Direct EFT payments into the U3A Pine Rivers bank account may be made through your online banking site. In the Reference box, the following information is required.

Surname (and first name or initial if it fits)

Membership Number

Our bank details are:

Account Name U3A Pine Rivers Inc.

Bank: Heritage

BSB: 638-070

Account No: 11284854

GENERAL CLASS INFORMATION

Enrolment in Classes

If you wish to enrol in a class or for further information, please contact the specified tutor. Some classes and activities require a minimum number to proceed. Others may be full and members wanting to join will be placed on a waiting list.

Class Costs

A fee may apply to cover costs of materials, photocopying or venue rental. Please check with the tutor when enrolling. The decision to break for refreshments is entirely between individual tutors and the members.

Membership

Members are asked to wear their badges to all classes and activities.

Only financial members are eligible to attend classes and tutors will record members' attendance for all classes.

External Activities

Some classes include excursions to places like museums or other venues. The tutor will advise class members of dates, venues, cost and transport. Other activities such as walking, photography and art gallery outings are also conducted for members as U3A activities. The requirement for recording of attendance applies for these activities as well.

Public Holidays and Breaks

U3A Pine Rivers will be closed on Australia Day, ANZAC Day and Easter public holidays. In most cases, we will be open for other public holidays and members will be notified if this changes. The tutors and members are free to decide whether classes will be held during breaks. **All venues will be closed for two weeks during the June/July break and four weeks over the Christmas/New Year break.**

SOME NEW CLASSES FOR YOU TO EXPLORE

Strong People Stay Young 8

Tutor: Susan de Waal

Weekly on Tuesday 1:00 pm - 2:00 pm

Venue: U3A Pine Rivers Centre - Classroom 2, 1480 Anzac Av, Kallangur

Cardiac, boxing, hand weights, and balance in a friendly supportive class. Pre-requisite: you must be able to move your body without injury.

This class is for members who are not participating in any other SPSY class.

SUMMARY & DESCRIPTION OF CLASSES

Following is a summary of the topics and content of courses offered until the end of Semester 2. This information, provided by the tutors, is intended to help members, especially new ones, understand what each course covers.

If you are looking for a class on a particular day, the Index on page **21** will help you. Unless otherwise indicated, all classes start in the first week of the semester starting 13 July 2026.

Arts & Crafts

Art Appreciation Group

Tutor: Kris Casey.

Monthly, fourth Friday 10:00 am—12 noon

Dates: Starting 23 July 2026

Venue: Various Venues, Contact Tutor

Art Appreciation is for those who would like to learn more about art. The group visits exhibitions and listens to talks that have been arranged with the curators of the gallery. We discuss the works of art, among other things, over lunch.

BYO Craft

Tutor: Linda Brand.

Weekly on Wednesday 9:00 am—11:30 am

Venue: U3A Pine Rivers Centre, Classroom 3, 1480 Anzac Av, Kallangur

This group gives you the opportunity to bring your current piece of craft work whilst sharing ideas and techniques in a friendly and supportive group.

Drawing Botanicals and Portraits

Tutor: Ann Margaret Bailey.

Weekly on Friday 9:00 am—11:00 am

Venue: U3A Pine Rivers Centre, Classroom 5, 1480 Anzac Av, Kallangur

You will learn the basics of drawing botanicals and portraits which will give you the confidence to take your art to new heights.

Pre-requisites: Graphite pencils and smooth drawing paper.

CLASS FULL

Card Making

Tutor: Penny Mack.

Monthly, second, fourth Thursday 9:00 am—11:30 am

Venue: Calala Drive Hall, 25 Calala Drive, Strathpine

Dates: Starting 23 July 2026

Learn the art of making beautiful and original cards suitable for birthdays or any occasion that needs a card.

CLASS FULL—Waiting list.

For Art's Sake

Tutor: John Wright.

Fortnightly on Tuesday 10:00 am—12 noon

Venue: Calala Drive Hall, 25 Calala Drive, Strathpine

*This is a self-tutored course with members mutually helping when asked.
No Classes in School Holidays*

Fun with Acrylics (2 Classes)

Tutor: Geoff Foley.

Monthly, Class 1 first, third Monday 12 noon—2:00 pm

Monthly, Class 2 first and third Thursdays

Venue: U3A Pine Rivers Centre, Classroom 4, 1480 Anzac Av, Kallangur

Cost: Members: \$7.00 per lesson

Beginner-friendly acrylic class. All levels welcome. Come and enjoy the social activity of acrylics.

Arts & Crafts

Jewellery Making

Tutor: Robyn Heffernan.

Monthly, first, third, fifth Monday 9:00 am—1:00 pm

Venue: Strathpine Library, 1 Station Rd, Strathpine

Learn how to make jewellery for gifts and to treat yourself. A variety of techniques taught.

Knitters Circle

Tutor: Linda Brand.

Weekly on Tuesday 9:00 am—12 noon

Venue: U3A Pine Rivers Centre, Classroom 3, 1480 Anzac Av, Kallangur

The Knitters' Circle will primarily knit/crochet items for local charities. However, should a member wish to work on their own project, they can do so in a friendly, sharing environment.

Patchwork—BOM

Tutor: Joy Royce.

Monthly, fourth Thursday 9:30 am—12 noon

Venue: U3A Pine Rivers Centre, Classroom 4, 1480 Anzac Av, Kallangur

Dates: Starting 23 July 2026

The Patchwork – BOM (Block of the Month) sewing class is a year-long (10 months) program where participants create one quilt block each month for 9 months and these are joined and finished in the 10th month. Each session focuses on learning a new patchwork technique, pattern, or fabric combination. By the end of the year, all the blocks are assembled into a complete throw-sized quilt. It's a fun way to build quilting skills step by step and stay motivated with a manageable project each month.

Sew Handy

Tutor: Joy Royce.

Monthly, first, third, fifth Thursday 9:30 am—12 noon

Venue: U3A Pine Rivers Centre, Classroom 4, 1480 Anzac Av, Kallangur

Join our friendly Sew Handy Class — a creative space where stitches make a difference! Whether you're a beginner or an experienced sewer, you'll enjoy learning new skills while creating practical, beautiful items for yourself, your home, and our community.

Each class, we work on useful projects. Some previous projects include tote bags, storage bags, hats, and glasses cleaners. Alongside these, we dedicate time to sewing for charity, making items like cuddle hearts for neonatal mothers and babies.

You'll learn:

Basic and advanced sewing techniques

How to read patterns and upcycle fabrics

Simple ways to turn scrap materials into something meaningful

Bring your own sewing machine. NOTE: There are two sewing machines for use by members who would like to join the class but are unable to bring their own machine.

Arts & Crafts

Textile Art

Tutor: Diane Flint.

Monthly, third Monday 9:00 am—3:00 pm

Venue: Calala Drive Hall, 25 Calala Drive, Strathpine

Dates: Starting 20 July 2026

A mutual exchange of textile art ideas.

CLASS FULL

Cards & Games

Card Games 1 Experienced

Tutor: John Paul.

Weekly on Monday 12:30 pm—4:00 pm

Venue: U3A Pine Rivers Centre, Classroom 3, 1480 Anzac Av, Kallangur

A variety of card games—Samba, Bolivia and Hand and Foot, a fun game that requires concentration, Frustration, Fan Tan and others. Come along and join in the fun.

Experienced players.

Card Games 2

Tutor: Lyn Peterson, Kevin Bohl.

Weekly on Wednesday 9:15 am—12:30 pm

Venue: Calala Drive Hall, 25 Calala Drive, Strathpine

A variety of card games—Samba, Bolivia and Hand and Foot, a fun game that requires concentration, Frustration, Fan Tan and others. Come along and join in the fun.

Three groups. Beginners and Experienced players.

Card Games—Group 3 Experienced & Beginners

Tutor: John Paul.

Weekly on Friday 9:00 am—12:30 pm

Venue: U3A Pine Rivers Centre, Classroom 3, 1480 Anzac Av, Kallangur

A variety of card games—Samba, Bolivia and Hand and Foot, a fun game that requires concentration, Frustration, Fan Tan and others. Come along and join in the fun.

Experienced players and Beginners

Fun with 500 (2 Classes)

Tutor: Paula Gregory.

Weekly on Tuesday 1:00 pm—3:00 pm

Weekly on Thursday 9:00 am—12 noon

Venue: U3A Pine Rivers Centre, Classroom 3, 1480 Anzac Av, Kallangur

Relax and enjoy playing 500 in a friendly environment. All levels of players are welcome. If you have never played before this is a great time to learn.

Cards & Games

Games for the Brain

Tutor: Alison Gardner.

Weekly on Monday 9:00 am—11:30 am

Venue: U3A Pine Rivers Centre, Classroom 4, 1480 Anzac Av, Kallangur
All are welcome to this fun class for those who like to keep their brains active by playing board games such as Scrabble, Upwords, Rummikub, Wizard, Sequence, Five Crowns, Skip-Bo and more.

Mahjong with Frank (2 Classes)

Tutor: Frank Sparreboom.

Weekly on Wednesday 12:30 pm—3:30 pm

Weekly on Thursday 12:30 pm—3:30 pm (Class Full)

Venue: U3A Pine Rivers Centre, Classroom 3, 1480 Anzac Av, Kallangur
Play this ancient Chinese strategy game in a relaxed and friendly atmosphere.
Thursday CLASS FULL

Mahjong with Laurel

Tutor: Laurel Boswell.

Weekly on Wednesday 12:30 pm—3:30 pm

Venue: U3A Pine Rivers Centre, Classroom 5, 1480 Anzac Av, Kallangur
Play this ancient Chinese strategy game in a relaxed and friendly atmosphere.

Social Bridge

Tutor: Beulah Bryson.

Weekly on Monday 9:00 am—12 noon

Venue: U3A Pine Rivers Centre, Classroom 3, 1480 Anzac Av, Kallangur
Enjoy learning to play or play this interesting game in a social group.
Beginners are welcome.

Exercise & Well Being

Archery

Tutor: Dave Adams, Kris Casey.

Fortnightly on Wednesday 8:30 am—12 noon

Venue: Kurwongbah

Cost: Members: \$7.00 fee includes hire of equipment and morning tea
Learn and practise this popular sport. Beginners most welcome. Closed in footwear required.

Contact Tutors for venue and date.

Bird Watching

Tutor: Claire Anderson.

Monthly, first Tuesday 7:30 am—10:30 am

Dates: Starting 4 August 2026

Various locations throughout City of Moreton Bay and Brisbane.

Exercise & Well Being

Chair Yoga

Tutor: Anne Murrell.

Weekly on Thursday 12:30 pm—1:30 pm

Venue: U3A Pine Rivers Centre, Classroom 2, 1480 Anzac Av, Kallangur
Using the chair for support this class will help with mobility, balance and confidence in your everyday life.

Using our yogi breath to help relax the body and calm the mind we will move from seated poses to standing finishing with a seated guided meditation. The body benefits from movement and the mind from stillness. Namaste.

Circle Dance

Tutor: Carol Hughes.

Monthly, second, fourth Wednesday 10:00 am—11:00 am

Venue: U3A Pine Rivers Centre, Classroom 5, 1480 Anzac Av, Kallangur

Dates: Starting 22 July 2026

Dancing in a circle is the oldest form of folk dance. It is light to moderate exercise, good for memory and coordination, meaningful and uplifting. The circle of dancers is welcoming and supportive, all having fun while learning to dance to music from all over the world.

Floor Yoga

Tutor: Anne Murrell.

Weekly on Thursday 1:45 pm—2:45 pm

Venue: U3A Pine Rivers Centre, Classroom 2, 1480 Anzac Av, Kallangur
Beginner and experienced yogis are welcome as we move from seated poses on the mat to standing poses and everything in between helping maintain balance, strength and flexibility.

Using our yogi breath will help relax the body and calm the mind, finishing the class with a guided meditation.

The body benefits from movement, the mind from stillness. Namaste.

Fun with QiGong & Meditation

Tutor: JanCarol Hills.

Weekly on Thursday 1:30 pm—2:30 pm

Venue: Calala Drive Hall, 25 Calala Drive, Strathpine

Cost: Members: \$7.00 per lesson. \$5 per class plus \$2 Hall Fee.

QiGong is an Eastern practice focusing on releasing tension in the joints. This class is a seated practice for all ability levels, to improve focus, relaxation, massage internal organs, and help with chronic problems.

Always wanted to meditate, need to reduce your stress? This course tries several styles of meditation to improve your own practice, to relax and reduce stress. The class is followed by a cup of tea and a chat.

Exercise & Well Being

Lawn Bowls Samford

Tutor: Graham Clarke.

Weekly on Tuesday 9:00 am—12 noon

Venue: Samford Bowls Club, 2116 Mt Samson Rd, Samford

Cost: Members: \$18.00 per lesson

New and social bowlers welcome and coaching provided free. Comfortable shoes are required. Contact Graham Clarke and leave a message to join this group. Contact Samford Bowls Club to register to play each week.

Line Dancing

Tutor: Claire Harris.

Monthly, second, third, fourth, fifth Monday 9:00 am—10:00 am

Venue: Kallangur Community Hall, 1480 Anzac Ave Kallangur

Cost: Members: \$7.00 per lesson

If you have always wanted to Line Dance, this is the class for you. No special skills are required. This is an activity for all ages and is fantastic for improving balance and coordination and for bringing a smile to your face. Well-fitting shoes required.

Strong Beats

Tutor: Margaret Masters.

Weekly on Monday 10:45 am—11:45 am

Venue: U3A Pine Rivers Centre, Classroom 2, 1480 Anzac Av, Kallangur

One hour group weight training class that is conducted to music in which muscle groups are put through a range of exercises to achieve strength with endurance. Due to muscle adaptation, new routines will be introduced at the beginning of each term. This challenging and exhilarating class gives benefits of improved posture, balance, bone density and muscle mass. NOT SUITABLE for people who are inexperienced with weights or of low fitness levels.

Strong People Stay Young (GROUPS 1 & 6)

Tutor: Barbara Webster (Group 1), Theresa Pretenthaler (Group 6).

Group 1—Weekly on Tuesday 9:00 am—10:15 am This group is designed for female participation.

Group 6—Weekly on Friday 10:00 am—11:15 am

Venue: U3A Pine Rivers Centre, Classroom 2, 1480 Anzac Av, Kallangur

A strength training, weight resistant exercise program to improve balance, posture, bone density and fitness in a positive social group.

Strong People Stay Young (Groups 2 & 5)

Tutor: Carolyn Turton, Helen Zada.

Group 2—Weekly on Tuesday 9:30 am—10:40 am

Group 5—Weekly on Thursday 9:30 am—10:45 am

Venue: Everton Glen Reserve, 11 Cabrilla St, Everton Hills.

A strength training, weight resistant exercise program to improve balance, posture, bone density and fitness in a positive social group.

Exercise & Well Being

Strong People Stay Young (Group 3)

Tutor: Maura Stiler, Margaret Williams.

Weekly on Tuesday 10:30 am—11:30 am

Venue: U3A Pine Rivers Centre, Classroom 2, 1480 Anzac Av, Kallangur
A strength training, weight resistant exercise program to improve balance, posture, bone density and fitness in a positive social group.

LADIES ONLY. CLASS FULL—CONTACT TUTOR for availability.

Strong People Stay Young (Group 4)

Tutor: Linda Bretherton.

Weekly on Wednesday 9:00 am—10:15 am

Venue: U3A Pine Rivers Centre, Classroom 2, 1480 Anzac Av, Kallangur
A strength training, weight resistant exercise program to improve balance, posture, bone density and fitness in a positive social group.

CLASS FULL

Strong People Stay Young (Group 7)

Tutor: Joanna Shi.

Weekly on Monday 9:00 am—10:15 am

Venue: U3A Pine Rivers Centre, Classroom 2, 1480 Anzac Av, Kallangur
A strength training, weight resistant exercise program to improve balance, posture, bone density and fitness in a positive social group.

Strong People Stay Young 8

Tutor: Susan de Waal.

Weekly on Tuesday 1:00 pm - 2:00 pm

Venue: U3A Pine Rivers Centre - Classroom 2, 1480 Anzac Av, Kallangur
Cardiac, boxing, hand weights, and balance in a friendly supportive class. Pre-requisite: you must be able to move your body without injury.

This class is for members who are not participating in any other SPSY class.

Tai Chi—Intermediate

Tutor JanCarol Hills.

Weekly on Monday 2:30 pm—3:15 pm

Venue: U3A Pine Rivers Centre, Classroom 2, 1480 Anzac Av, Kallangur

Cost: Members: \$7.00 per lesson

Taking your Tai Chi to the Next Level. Congratulations on progressing to intermediate Tai Chi! As you become more comfortable with the basic movements, there are exciting possibilities to deepen your practice and address your specific chronic condition. Intermediate programs build upon your foundation, introducing more intricate movements and sequences. This can further enhance balance, coordination, strength and flexibility.

Exercise & Well Being

Tai Chi—Practitioners

Tutor JanCarol Hills.

Weekly on Monday 1:30 pm—2:15 pm

Venue: U3A Pine Rivers Centre, Classroom 2, 1480 Anzac Av, Kallangur

Cost: Members: \$7.00 per lesson

For those who enjoy Tai Chi and are looking to expand your practice or address some specific chronic condition. Build upon your foundation and continue to introduce more intricate movements and sequences. This can further enhance your balance, coordination, strength and flexibility.

Weights for Mates—Three Groups

Tutor: Peter Cross, Paul Baguley.

Group 1—Weekly on Friday 7:15 am—8:15 am

Group 3—Weekly on Monday 7:45 am—8:45 am

Tutor: Alan Cooper.

Group 2—Weekly on Friday 8:30 am—9:30 am

Venue: U3A Pine Rivers Centre, Classroom 2, 1480 Anzac Av, Kallangur

A strength training program suitable for men of all ages. Enjoy the benefits of being stronger and healthier, including improved posture, balance and stability, as well as self-confidence while maintaining the best quality of life possible.

Yoga 1 & 2

Tutor: Doug Rath.

Weekly Yoga 1—on Tuesday 11:15 am—12:30 pm

Weekly Yoga 2 – on Tuesday 1:00 pm—2:15 pm

Venue: Lawnton Community Centre, Lawnton

Cost: Members: \$7.00 per lesson

This class is based on Hatha Yoga, with a significant component of back care, centring and breathing practice, followed by limbering, stretching.

Tutor, Doug Rath qualified yoga teacher with 30 years' experience.

Yoga 1—THIS CLASS INCLUDES CHAIR YOGA, FOR WHICH I AM QUALIFIED TO TEACH.

For those who find it difficult to be on the floor.

The usual floor yoga is unchanged.

General Interest

Current Affairs

Tutor: Jean-Paul Franzidis.

Monthly, first Thursday 9:30 am—11:30 am

Venue: U3A Pine Rivers Centre, Classroom 5, 1480 Anzac Av, Kallangur

Dates: Starting 6 August 2026

Interested in what is going on in the world today? Let's get together to discuss it. Everyone's input is welcome but not necessary. We may not solve all the problems of the world but we will have fun trying.

Memory Teasers

Tutor: Elizabeth Arden.

Monthly, first Thursday 9:30 am—11:30 am

Venue: Calala Drive Hall, 25 Calala Drive, Strathpine

Dates: Starting 6 August 2026

Test your knowledge – just like Trivial Pursuit only more enjoyable.

Philosophy

Tutor: Ken Passmore.

Weekly on Friday 9:30 am—11:00 am

Venue: U3A Pine Rivers Centre, Classroom 1, 1480 Anzac Av, Kallangur

Discover the subject of philosophy from a modern perspective with references to the ancient philosophers too.

That Was the Week that Was

Tutor: Ken Passmore.

Weekly on Friday 11:30 am—1:00 pm

Venue: U3A Pine Rivers Centre, Classroom 2, 1480 Anzac Av, Kallangur

Discussion Group of 12-15 people to discuss the week's ideas, people in the news and generally the news that the media have reported.

Tuesday Trivia

Tutor: Jean-Paul Franzidis.

Monthly, third Tuesday 9:30 am—11:30 am

Venue: U3A Pine Rivers Centre, Classroom 1, 1480 Anzac Av, Kallangur

Dates: Starting 21 July 2026

This is an individual challenge. Test your knowledge of useful or forgettable information with forty questions each month.

History

Anthropology - Understanding Cultural and Human Geography

Tutor: Tony Nobbs.

Monthly, first, third, fifth Tuesday 12 noon—1:30 pm

Venue: U3A Pine Rivers Centre - Classroom 1, 1480 Anzac Av, Kallangur

Why have some forests been cut down around the world while others still stand? Why is population growth slowing, and why are people gravitating to cities?

The answers to all these questions lie in geography. Geography is the study of the distribution of features and objects across the Earth's surface; it provides both a description as well as an explanation for why places vary, whether locations impact one another, and how regions change. Cultural and human geography focuses on the distribution and actions of people, economies, cultures, and politics. Geography not only helps explain how the world is today but also allows us to imagine the way the world might look in the future.

Archaeology - Ancient Astronomy

Tutor: Tony Nobbs.

Weekly on Wednesday 1:00 pm—2:30 pm

Venue: U3A Pine Rivers Centre - Classroom 1, 1480 Anzac Av, Kallangur

This introductory astronomy course covers the science of the skies, how ancient astronomers used the skies, and how the skies interact with all humans on many levels. The course will cover the entire world from many thousands of years B.C. up until the end of ancient astronomy around 1600 A.D., with a concentration from 3000 B.C. to 200 A.D. In this course we use a series of Video lectures by Bradley E. Schaefer, Ph.D.

History of Railways

Tutor: Ken Passmore.

Weekly on Wednesday 9:00 am—10:30 am

Venue: U3A Pine Rivers Centre, Classroom 1, 1480 Anzac Av, Kallangur

In the 200 years of railways, things have changed so much. Relive the history of change from steam to diesel and now electricity. Relive the time when workplace health and safety did not exist.

History of World Cinema

Tutor: John Targuse.

Monthly, second, fourth Monday 9:30 am—12 noon

Venue: U3A Pine Rivers Centre, Classroom 1, 1480 Anzac Av, Kallangur

This course looks at all aspects of cinema, from the beginning to today. The entertainment, innovation, art and controversy. Documentaries and film clips or some full movies will be shown.

History

History—The Renaissance

Tutor: Tony Nobbs.

Weekly on Wednesday 11:00 am—12:30 pm

Venue: U3A Pine Rivers Centre, Classroom 1, 1480 Anzac Av, Kallangur
The Transformation of the West—The Renaissance is perhaps the most famous period in history. Not since the days of antiquity had such a collection of geniuses and powerful personalities seemingly been assembled in one place and time.

To some extent, the popular perception of the Renaissance is a myth. This course will seek to uncover a fuller Renaissance, marked as much by continuities as change. The Renaissance wasn't the glittering playground of the famous and the powerful; it was actually much more. In this course, we'll see that the ways Renaissance people came to understand their world left a legacy that continues to inform the way we understand our own times. We use a series of Video lectures plus discussion and extra material.

Legacy Family Tree

Tutor: Charlie Nolan.

Monthly, first, third Tuesday 9:00 am—12 noon

Venue: U3A Pine Rivers Centre, Classroom 4, 1480 Anzac Av, Kallangur

Dates: Starting 21 July 2026

You are doing your family tree. Now you need to record what you have found. Large notebooks and paper files are not the answer. Nor is an online tree. Legacy 10 is a free software program for you to install on your computer.

The Mystery of History

Tutor: John McGregor.

Monthly, first, third Monday 10:30 am—12:30 pm

Venue: U3A Pine Rivers Centre, Classroom 1, 1480 Anzac Av, Kallangur

Dates: Start 20 July 2026

Exploring the history, lifestyles, events and inventions of the past.

Languages

Book Discussion Group—Bill

Tutor: Bill Bryson.

Monthly, second Thursday 10:00 am—11:30 am

Venue: Strathpine Library, 1 Station Rd, Strathpine

Read and discuss a wide range of genres and novels. Discover new authors whose books you may not normally choose.

Book Discussion Group—Yvonne

Tutor: Yvonne Wickham.

Monthly, third Thursday 9:00 am—11:00 am

Venue: U3A Pine Rivers Centre, Classroom 5, 1480 Anzac Av, Kallangur

Read and discuss a wide range of genres and novels. Discover new authors whose books you may not normally choose.

CLASS FULL

Languages

Creative Writing

Tutor: Judith Gilligan, Lyn Paton.

Monthly, third Wednesday 9:00 am–12 noon

Venue: U3A Pine Rivers Centre, Classroom 5, 1480 Anzac Av, Kallangur

Learn how to drop everything and write—short stories; "what if" scenarios; memoirs and other stories. Share among a wonderful group of like-minded creative writers.

Italian Intermediates & Beginners (2 classes)

Tutor: Jean-Paul Franzidis, Ross Donaldson.

Weekly Intermediates on Tuesday 2:30 pm–3:30 pm

Learn or improve conversational Italian

Weekly Beginners on Tuesday 3:45 pm–4:45 pm

Elementary Italian for absolute Beginners (continuing)

Venue: U3A Pine Rivers Centre, Classroom 1, 1480 Anzac Av, Kallangur

Spanish—3 Classes—Intermediate 1,2 & Beginners

Tutor: Gabriel Gonzalez.

Intermediate 2—Weekly on Monday 9:40 am–10:40 am

Intermediate 1—Weekly on Monday 10:50 am–11:50 am

Beginners—Weekly on Monday 12 noon–1:00 pm

Venue: U3A Pine Rivers Centre, Classroom 5, 1480 Anzac Av, Kallangur

There are three Spanish classes – one for beginners and two at an intermediate level.

Writing Memoirs—For Beginners

Tutor: Eileen Gardam.

Monthly, first, third Monday 1:30 pm–3:30 pm

Venue: U3A Pine Rivers Centre, Classroom 5, 1480 Anzac Av, Kallangur

Dates: Starting 20 July 2026

For beginning memoir writers to help you get started.

Come and share stories about your life. Leave a legacy for your family or just write about something that is important to you. This class is aimed at beginning memoir writers who want to get started. You will be given guidance and encouragement. You don't have to be famous or have done anything special EVERYONE has a story or two to tell.

Music

AbsoluKEly Strummin'

Tutor: Colleen Elliott, Rhonda Heffernan.

Weekly on Thursday 9:30 am–12 noon

Venue: U3A Pine Rivers Centre, Classroom 2, 1480 Anzac Av, Kallangur

This group is for those who know how to play the ukulele and love a good singalong.

CLASS FULL

Music

Acoustic Guitar – Beginners (2 Classes)

Tutor: Charles Doyle.

Weekly on Wednesday 9:00 am–10:00 am

Weekly on Friday 9:00 am–10:00 am

Venue: U3A Pine Rivers Centre, Classroom 4, 1480 Anzac Av, Kallangur

Enjoy the thrill of discovering the best sounding, most versatile instrument on the planet! Improve your mind, develop your muscle memory, enjoy the satisfaction of real achievement. Absolutely no prior knowledge required and we really will have you playing from Day One! Good music, new skills, good company. What more is there?

Acoustic Guitar—Intermediate

Tutor: Charles Doyle.

Weekly on Wednesday 10:30 am–12 noon

Venue: U3A Pine Rivers Centre, Classroom 4, 1480 Anzac Av, Kallangur

Now the early learning curve is over, play for enjoyment, sharpen our skills, improve our fluency and maybe tackle that stuff we used to think was difficult!

History of Contemporary Music

Tutor: Ken Passmore.

Monthly, second, fourth Tuesday 12:30 pm–2:00 pm

Venue: U3A Pine Rivers Centre, Classroom 4, 1480 Anzac Av, Kallangur

The History is told in a series of concerts and films featuring music from all eras, including Rock and Roll, Jazz, Progressive, Folk, and everything in between.

Juke's Ukulele Singalong

Tutor: Julianne Gibb.

Fortnightly on Friday 9:30 am–12 noon

Venue: Salvation Army Hall, 27-29 Lawnton Pkt Rd Lawnton

Do you know how to play the ukulele?

Bring your ukulele and join in a fun singalong.

Music for Pleasure Ensemble

Tutor: Graham Goss.

Monthly on Third Monday 10:00 am–12 noon

Venue: Various **Secondary Tutor:** Lynda Roberts.

Venues, Contact Tutor

This group welcomes anyone who sings or plays an instrument at any level. Our goal is to enjoy and learn together. We invite new members who share a passion for song and music.

Piano Encouragement

Tutor: Heather Cross.

Fortnightly on Wednesday 12:30 pm–3:00 pm

Venue: Various Venues, Contact Tutor

This is a small friendly group who get together each fortnight to play the piano. If you would like to brush up your skills, think about joining. No teaching is provided.

Music

Singalong Guitar

Tutor: Charles Doyle.

Weekly on Friday 10:00 am—12 noon

Venue: U3A Pine Rivers Centre, Classroom 4, 1480 Anzac Av, Kallangur

Everyone welcome! Come and jam with other players, Enjoy the oldies, learn new stuff, enjoy the company!

Sophisticated Folk Choir

Tutor: Derek Macfarlane, Irene Macfarlane.

Weekly on Monday 1:00 pm—3:00 pm

Venue: Kallangur Community Hall, 1480 Anzac Ave, Kallangur

Cost: Members: \$3.00 per lesson. \$2 for U3A and \$1 towards choir costs

Sing a variety of songs in 3- or 4-part harmony; folk songs; some classical pieces; spirituals and popular songs from musicals. Perform in retirement villages and community clubs in our location.

CLASS FULL

Ukuleles in Harmony

Tutor: Lesley Allan.

Weekly on Thursday 1:00 pm—3:00 pm

Venue: U3A Pine Rivers Centre, Classroom 5, 1480 Anzac Av, Kallangur

If you can play a few common chords, you may enjoy learning melody, chords and harmony and play tunes written for ukuleles in an ensemble.

Ukuleles in Harmony: Pre-chorus

Tutor: Lesley Allan.

Weekly on Thursday 11:30 am—12:30 pm

Venue: U3A Pine Rivers Centre, Classroom 5, 1480 Anzac Av, Kallangur

A preparatory course for playing in a ukulele ensemble. Learn classical techniques for left-hand and right-hand fingering. Music arrangements are written for all levels of playing.

CARAVAN, MOTORHOME AND CAMPING

For more information about upcoming events, contact Penny.

Email. camping@u3apinerivers.org.au.



COACH TRIPS



We have had two successful coach trips in March and April. Members who came along had a great time on the Noosa Ferry trip and the Historical Ipswich trip. However, we struggled to get enough numbers to fill the coaches. The committee has taken the decision to reduce the frequency of coach trips for the rest of 2026. Therefore, we are only offering one more trip in September to the Carnival of Flowers.

The trip is on **Wednesday 16th September**

Be at the Strathpine bus bay **at 7:10 am** returning to Strathpine **by 5:00 pm**.

M/T, visits to displays and surrounding parks and lunch at a local club included.

TR-3 - \$102 for members and \$107 for non-members

Payments can be paid off instead of paying in full up-front.

We look forward to having many more trips in 2027.

HAPPY WANDERERS



First contact: Sue Collett

Co-ordinators: Rose Edgar and Maggie Bate

Monthly 2nd week of the month on Tuesday 10:00 am – 11:30 am.

Venue: Official meetings even months starting 10 February then

This group of Happy Wanderers will undertake excursions that may be:

- Local within the same day.
- Weekend or mid-week travel to another town.
- Longer road trips within Queensland or into NSW.
- Train travel using QR discounts for concession and senior card holders.
- International travel.

There will be no set schedule. Please *In the Loop* for upcoming excursions.

The Happy Wanderers Committee would love to receive excursion suggestions from group members.

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**Ali
France MP**

Federal Member for Dickson



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