

**U3A PINE RIVERS INC.  
UNIVERSITY OF THE THIRD AGE**



*Learning for leisure and pleasure*

**NEWSLETTER**

**Semester 1**

**January to June - 2025**

All correspondence regarding U3A Pine Rivers should be addressed to:  
 The Secretary  
 U3A Pine Rivers Inc.  
 PO Box 507  
 Kallangur, QLD, 4503

Email: [admin@u3apinerivers.org.au](mailto:admin@u3apinerivers.org.au)  
 Web: [u3apinerivers.org.au](http://u3apinerivers.org.au)  
 Telephone: 3880 6677  
 ABN: 68 518 990 950

U3A Pine Rivers Centre, 1480 Anzac Avenue, Kallangur  
 Reception - Monday to Friday - 9:00 am to 12:00 pm  
 Hon. Solicitor: Bryan Galvin

### U3A PINE RIVERS INC. – MANAGEMENT COMMITTEE

President	Bronwen Winn	<a href="mailto:president@u3apinerivers.org.au">president@u3apinerivers.org.au</a>
Vice President	Greg Weekes	<a href="mailto:vicepresident@u3apinerivers.org.au">vicepresident@u3apinerivers.org.au</a>
Secretary	Michael Terry	<a href="mailto:secretary@u3apinerivers.org.au">secretary@u3apinerivers.org.au</a>
Treasurer	Jenny Everson	<a href="mailto:treasurer@u3apinerivers.org.au">treasurer@u3apinerivers.org.au</a>
Committee member	Maria Adams	
Committee member	Claire Anderson	
Committee member	Laurel Boswell	
Committee member	Ron Cooper	
Committee member	Ken Passmore	
Committee member	Margaret Weekes	

### COMMITTEE SUPPORT

Administration Assistant	Sandra Lynch	
Banking Officer	Maria Adams	
Caravan and Camping Coordinators	Heather Cross Penny Mack	
Caterer	Laurel Boswell	
Centre Administrator	Bronwen Winn	
Centre Manager Three venues	John Wright	<a href="mailto:centremgr@u3apinerivers.org.au">centremgr@u3apinerivers.org.au</a>

Centre Manager Assistant	Ron Cooper	
Coach Trips Coordinator	Vacancy	<a href="mailto:trips@u3apinerivers.org.au">trips@u3apinerivers.org.au</a>
Communication Officer	Joy Royce	<a href="mailto:publicity@u3apinerivers.org.au">publicity@u3apinerivers.org.au</a>
Course Coordinator	Tony Nobbs	<a href="mailto:courses@u3apinerivers.org.au">courses@u3apinerivers.org.au</a>
Documents Officer	Margaret Weekes	<a href="mailto:documents@u3apinerivers.org.au">documents@u3apinerivers.org.au</a>
Events Coordinator	Vacancy	<a href="mailto:events@u3apinerivers.org.au">events@u3apinerivers.org.au</a>
First Aid Coordinator	Carol Hughes	
Grants Officer	Greg Weekes	<a href="mailto:grants@u3apinerivers.org.au">grants@u3apinerivers.org.au</a>
Hall Bookings	Jenny Everson	<a href="mailto:hallbookings@u3apinerivers.org.au">hallbookings@u3apinerivers.org.au</a>
Inventory Officer	Ross Whiley	<a href="mailto:inventory@u3apinerivers.org.au">inventory@u3apinerivers.org.au</a>
IT Manager	Ross Whiley	<a href="mailto:itmanager@u3apinerivers.org.au">itmanager@u3apinerivers.org.au</a>
Membership Officers	Eileen Gardam Meryl Julum	<a href="mailto:membership@u3apinerivers.org.au">membership@u3apinerivers.org.au</a>
New Tutor Liaison	Claire Anderson	
Newsletter Editor	Bronwen Winn	<a href="mailto:newsletter@u3apinerivers.org.au">newsletter@u3apinerivers.org.au</a>
Reception Coordinator	Elizabeth Hoffmann	<a href="mailto:reception@u3apinerivers.org.au">reception@u3apinerivers.org.au</a>
Theatre Bookings	Vacancy	<a href="mailto:theatre@u3apinerivers.org.au">theatre@u3apinerivers.org.au</a>
Monthly Update Editor	Joy Royce	<a href="mailto:update@u3apinerivers.org.au">update@u3apinerivers.org.au</a>
Venues Bookings Officer	Jenny Everson	<a href="mailto:venues@u3apinerivers.org.au">venues@u3apinerivers.org.au</a>
Welfare Support Officer	Chris Negline	

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## LOCATIONS WHERE CLASSES MAY BE HELD

U3A Pine Rivers Centre	1480 Anzac Avenue, Kallangur
Calala Drive Hall	25 Calala Drive, Strathpine
Ferny Districts Fishing Club	11 Cabrilla Street, Everton Hills
Kallangur Memorial Bowls Club	1351 Anzac Avenue, Kallangur
Kallangur Community Hall	1480 Anzac Avenue, Kallangur
King's Cottage	18 Dayboro Road, Petrie
Lawnton Community Centre	Cnr Todds Rd & Ellis St, Lawnton
Salvation Army	27-29 Lawnton Pocket Rd, Lawnton
Samford Bowls Club	Mt Samson Road, Samford
Strathpine Library	Cnr Station St & Gympie Rd, Strathpine

### U3A Pine Rivers will be:

- *closed for Easter 18<sup>th</sup> to 21<sup>st</sup> April;*
- *closed for ANZAC Day Friday 25<sup>th</sup> April;*
- *closed from Monday 30<sup>th</sup> June, re-opening on Monday 14<sup>th</sup> July.*

**Welcome** to the first Newsletter for 2025. The Newsletters are printed by the staff at Hon. Peter Dutton's office. Sincere thanks are extended to the U3A Pine Rivers members who are contributors, proofreaders or packers for these publications. Two Newsletters are compiled each year. Please keep this copy until the second Newsletter for 2025 is emailed or posted to you in mid-June.

## *President's Notes*

Welcome to another year of enjoying classes, exploring new interests and socialising with like-minded people.

### **MEMBERSHIP RENEWAL**

You will need to renew your U3A Pine Rivers membership before you start your first class in 2025.



**Renewal fee: \$30 by card, cash or EFT. See page 6.**

Affiliate membership is available for financial members of other U3A's – **\$15** upon sighting of the primary U3A financial badge or receipt.

**Please wear your new badge with pride to all classes and activities. It is so much more friendly to be able to greet people by their names.**

U3A Pine Rivers Inc. will hold its **Annual General Meeting** on **Wednesday 26<sup>th</sup> March 2025** at the U3A Pine Rivers Centre, 1480 Anzac Avenue, Kallangur, commencing at **2:00 pm**.

**Meet the new Management Committee members at afternoon tea.**

At the AGM, all Committee members retire from office but can seek nomination for re-election up to the maximum term permitted in the Constitution. This is currently three (3) years for the Executive positions.

Nomination Forms for Committee membership are available at the U3A Pine Rivers Centre Kallangur and on the website. The forms should be forwarded to The Secretary, U3A Pine Rivers Inc., PO Box 507, Kallangur, QLD, 4503 or handed in for the Secretary at Reception at U3A Pine Rivers Centre, 1480 Anzac Avenue, Kallangur, by **Wednesday 12<sup>th</sup> March 2025**.

Members are reminded that no nominations will be taken from the floor.

Financial members will have two options to participate in the AGM - in person or online. After the closing date for nominations, members will receive an email with a link to read the reports and vote on the motions, as an alternative to attending the meeting.

*Bronwen Winn – President*

# PAYMENTS

Payments can be made at:

- U3A Pine Rivers Centre, 1480 Anzac Avenue, Kallangur from 9:00 am to 12:00 noon, Monday to Friday. Cards or cash are accepted.
- Via EFT - details are below or on the website - [u3apinerivers.org.au](http://u3apinerivers.org.au)

## DIRECT EFT

Direct EFT payments into the U3A Pine Rivers bank account may be made through your online banking site. Every activity for which payment can be made has been given an EFT payment code which is shown in the relevant section of this Newsletter.

To ensure the process operates well, the following procedures will need to be followed.

In the Reference box, the following information is required.

SURNAME (and first name or initial if it fits)

MEMBERSHIP NUMBER

PAYMENT CODE FOR THE ACTIVITY

Our banking details are:

Account Name: U3A Pine Rivers Inc.

Bank: Heritage

BSB: 638-070

Account No: 11284854

**In addition to the above, an email MUST be sent to [treasurer@u3apinerivers.org.au](mailto:treasurer@u3apinerivers.org.au).**

**If several payments have been made, they can all be included in the same email.**

**Please make EFT payments at least two days before the deadline.**

## PAYMENT CODE SCHEDULE

Activity	Details	Code	Cost
Membership	Renewal for 2025	MB	\$ 30
Membership	New member	MB	\$ 35
Membership	Affiliate of another U3A	MB	\$ 15

# INFORMATION ABOUT CLASSES

## ENROLMENT IN CLASSES

If you wish to enrol in a class or for further information, please contact the specified tutor. Some classes and activities require a minimum number to proceed. Others may be full and members wanting to join will be placed on a waiting list.

## CLASS COSTS

A fee may apply to cover costs of materials, photocopying or venue rental. Please check with the tutor when enrolling. The decision to break for refreshments is entirely between individual tutors and the members.

## MEMBERSHIP

Members are asked to wear their badges to all classes and activities. Only financial members are eligible to attend classes and tutors will record members' attendance for all classes.

## EXTERNAL ACTIVITIES

Some classes include excursions to places like museums or other venues. The tutor will advise class members of dates, venues, cost and transport. Other activities such as walking, photography and art gallery outings are also conducted for members as U3A Activities. The requirement for recording of attendance applies for these activities as well.

## PUBLIC HOLIDAYS and BREAKS

U3A Pine Rivers will be closed on ANZAC Day and Easter public holidays. In most cases, we will be open for other public holidays and members will be notified if this changes. The tutor and members are free to decide whether classes will be held during breaks. All venues will be closed for the June / July break for two weeks and for the Christmas / New Year break for four weeks.

## Some new classes for you to explore

### ANTHROPOLOGY

This course covers the early development of the human race and migration out of Africa. It will then mainly focus on the development of civilisations in America and the Pacific Ocean area. The course will use PowerPoint presentations and video clips. Discussion encouraged.



Contact **John Tendero** for more information. This class will be held on 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays from 1:00 to 2:30 pm at Kallangur from 4<sup>th</sup> February.

### CARD MAKING FOR BEGINNERS

Do you want to learn basic card making techniques, making simple hand-made cards to give to your family or friends? Classes will be held at Calala Drive Hall, Strathpine fortnightly from Wednesday 29<sup>th</sup> January until 9<sup>th</sup> April.

Contact **Christine Vos** for more information.

### LIFE SKILLS FOR ALL AGES

Enjoy your connection with other people at all stages and ages. Join a small group for 8 morning sessions, learning refreshing fun ways to help ourselves and others to Problem Solve. Communicate with confidence and interact happily with those we care for and care about. Contact **Jean Wortley** for more information. Classes will be held at King's Cottage on Wednesdays from 9:30 am to 12 noon from 5<sup>th</sup> February.

### MEET THE GREEKS



This class will be held on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays from 10:00 am to 12 noon at Kallangur from 14<sup>th</sup> January. After looking at the *why, where and when* of ancient Greek history, you will learn about the earliest human communities in Greece through various historical stages concluding with the rise and conquests of Alexander the Great. Contact **Greg Passmore** for more information.

### NONVIOLENT COMMUNICATION (NVC)

The language of NVC creates deeper connections by helping us recognise our common humanity, promoting the peaceful resolution of conflict. It can be effective even in situations of long-standing conflicts.

Please contact **Karla Cameron** for more information. Classes will be held at Kallangur weekly on Tuesdays from 11<sup>th</sup> February to 8<sup>th</sup> April from 12:45 to 2:15 pm.

### SEW HANDY

Contact **Joy Royce** if you wish to join this creative class. You will learn to sew practical items like microwave cosies, glasses' cases, placemats, bags and wallets using a variety of sewing techniques. Modify op shop finds into wearable clothing or make items required by charities. Classes will be



held on 1<sup>st</sup> and 3<sup>rd</sup> Thursdays from 9:30 to 11:30 am at Kallangur from 16<sup>th</sup> January. Please bring your own sewing machine.



## SUMMARY & DESCRIPTION OF CLASSES

The following is a summary of the topic and content of courses that are being offered until the end of June. The next Newsletter will be published for July to December. This information is provided by the tutors to assist members, particularly new ones, to determine what the course is about. Further information, if required, can be obtained by contacting the relevant tutor. The day of the activity is shown below. Details of the times, venue and tutor of the class or activity are included in the Schedule of Classes.

Name / Day	Description
<b>Art &amp; Craft</b>	
Art Appreciation Group (Friday)	<i>Art Appreciation is for those who would like to learn more about art. The group visits exhibitions and listens to talks that have been arranged with the curators of the gallery. We discuss the works of art, among other things, over lunch.</i>
BYO Craft (Wednesday)	<i>This group gives you the opportunity to bring your current piece of craft work whilst sharing ideas and techniques in a friendly and supportive group.</i>
Card Making (Thursday) Waiting list	<i>Learn the art of making beautiful and original cards suitable for birthdays or any occasion that needs a card.</i>
For Art's Sake (Tuesday)	<i>This is a self-tutored course with members mutually helping when asked. No classes in school holidays</i>
Jewellery Making (Monday)	<i>Learn how to make jewellery for gifts and to treat yourself. A variety of techniques are taught.</i>
Sew Handy (Thursday)	<i>Learn to sew practical items like microwave cosies, glasses' cases, placemats, bags and wallets using a variety of sewing techniques. Bring your own sewing machine.</i>
Knitters' Circle (Tuesday)	<i>The Knitters' Circle will primarily knit / crochet items for local charities. Members are welcome to work on their own project in a friendly, sharing environment.</i>
Textile Art (Monday) Class full	<i>A mutual exchange of textile art ideas.</i>
Watercolour Workshop Morning and Afternoon (Tuesday)	<i>You'll master a wide range of techniques to enhance your skills. We'll cover the basics of wet-on-wet, wet-on-dry, dry brush, and creating texture. You'll also learn how to do washes, lifting paint, creating gradients, painting thin line and adding splatters. We'll draw inspiration from the world around us, painting everything from serene landscapes and vibrant botanicals to expressive abstract art.</i>

Name / Day	Description
<b>Cards &amp; Games</b>	
Card Games 3 Experienced & beginners (Friday)	<i>A variety of card games - Samba, Bolivia and Hand and Foot, a fun game that requires concentration, Frustration, Fan Tan and others. Come along and join in the fun. Beginners and experienced players</i>
Card Games 1 Experienced (Monday)	<i>A variety of card games - Samba, Bolivia and Hand and Foot, a fun game that requires concentration, Frustration, Fan Tan and others. Come along and join in the fun. Experienced players</i>
Card Games 2 (Wednesday)	<i>A variety of card games - Samba, Bolivia and Hand and Foot, a fun game that requires concentration, Frustration, Fan Tan and others. Come along and join in the fun. Beginners and experienced players</i>
Chess (Tuesday)	<i>Do you want to play or learn chess??</i>
Fun with 500 (Thursday)	<i>A relaxed morning of playing 500 in a friendly environment. All levels of players are welcome. If you have never played before, this is a great time to learn.</i>
Games for the Brain (Monday)	<i>All are welcome to this fun class for those who like to keep their brains active by playing board games such as Scrabble, Upwords, Rummikub, Wizard, Sequence, Five Crowns, Skip-Bo and more.</i>
Mahjong for Beginners (Wednesday)	<i>Play this ancient Chinese strategy game in a relaxed and friendly atmosphere.</i>
Mahjong Group - F (Thursday)	<i>Play this ancient Chinese strategy game in a relaxed and friendly atmosphere. Experienced players.</i>
Mahjong Group - L (Wednesday)	<i>Play this ancient Chinese strategy game in a relaxed and friendly atmosphere.</i>
Social Bridge (Monday)	<i>Enjoy learning to play or play this interesting game in a social group. Beginners are welcome.</i>
<b>Exercise &amp; Wellbeing</b>	
Archery (Wednesday)	<i>Learn and practise this popular sport. Beginners are most welcome. Closed-in footwear required. The \$7.00 fee includes hire of equipment and morning tea.</i>
Bird Watching (Tuesday)	<i>Various locations throughout the City of Moreton Bay and Brisbane.</i>

Name / Day	Description
<b>Exercise &amp; Wellbeing (continued)</b>	
Chair Yoga (Thursday) Waiting list	<i>This class will help with mobility and confidence. It includes meditation to finish the class for complete relaxation, therefore, achieving a physical practice and a calm mind.</i>
Circle Dance (Wednesday)	<i>Dancing in a circle is the oldest form of folk dance. It is light to moderate exercise, good for memory and coordination, meaningful and uplifting. The circle of dancers is welcoming and supportive, all having fun while learning to dance to music from all over the world.</i>
Exercise for Health (Monday) Class full	<i>Energetic and enjoyable group exercise class set to music with a variety of routines and movements to inspire and motivate you to get your body moving. Hour-long workout, designed with the aim of increasing cardiovascular fitness, muscle and bone strength, flexibility, balance and coordination. Beginners welcome but NOT suitable for people with a low level of fitness. No classes school holidays</i>
Floor Yoga (Thursday)	<i>Beginner and experienced yogis welcome. We will move from seated poses on the mat to standing poses and everything in between to improve balance and strength. We will also practise yoga breath which helps to calm the mind and relax the body, finishing the class with a guided meditation. The mind benefits from stillness - the body from movement. Your own mat preferred or use a U3A mat.</i>
Fun with QiGong & Meditation (Thursday) A separate course, outside our programme, but offered to U3A members.	<i>QiGong is an Eastern practice focusing on releasing tension in the joints. This class is a seated practice for all ability levels, to improve focus, relaxation, massage internal organs, and help with chronic problems. Always wanted to meditate, need to reduce your stress? This course tries several styles of meditation to improve your own practice, to relax and reduce stress. The class is followed by a cup of tea and a chat. <b>Cost \$7 per class.</b></i>
Lawn Bowls - Kallangur (Thursday)	<i>New bowlers will be given a 6-week coaching course and will qualify for 3 weeks of social bowls. <b>Cost \$10</b> to cover use of equipment and green fees. No classes during school holidays.</i>

Name / Day	Description
<b>Exercise &amp; Wellbeing (continued)</b>	
Lawn Bowls - Samford (Tuesday)	<i>New and social bowlers welcome and coaching provided free. Comfortable shoes are required. Contact Graham Clarke and leave a message to join this group. Contact Samford Bowls Club to register to play each week. <b>\$17 fee applies.</b></i>
Life Skills for All Ages (Wednesday)	<i>Enjoy your connection with other people at all stages and ages. Join a small group for eight morning sessions. Learn refreshing fun ways to help ourselves and others to Problem Solve. Communicate with confidence and interact happily with those we care for and care about.</i>
Line Dancing (Monday)	<i>If you have always wanted to Line Dance, this is the class for you. No special skills are required. The class will be suitable for anyone with some basic line dancing knowledge. This is an activity for all ages and is fantastic for improving balance and coordination and for bringing a smile to your face. Well-fitting shoes required.</i>
Line Dancing for Beginners (Monday)	<i>If you always wanted to learn to Line Dance, this is the class for you. You will learn the basic steps of line dancing and some simple dances. All steps demonstrated and reviewed. All steps for dances are called throughout the dance.</i>
Nonviolent Communication (NVC) (Monday)	<i>This is a simple, effective, learnable process that values each person's needs. The language of NVC creates deeper connections by helping us recognise our common humanity. NVC promotes the peaceful resolution of conflict all over the world and is known to be effective even in situations of long-standing conflict.</i>
Strong Beats (Monday) Class full	<i>A group exercise class that focuses on muscle strength and endurance. Conducted for 1 hour with the aid of music beats.</i>
Strong People Stay Young Groups 1,2,3 (Tuesday)	<i>A strength training, weight-resistant exercise program to improve balance, posture, bone density and fitness in a positive social group.</i>

Name / Day	Description
<b>Exercise &amp; Wellbeing (continued)</b>	
Strong People Stay Young Group 4 (Wednesday)	<i>A strength training, weight-resistant exercise program to improve balance, posture, bone density and fitness in a positive social group.</i>
Strong People Stay Young Group 5 (Thursday)	<i>A strength training, weight-resistant exercise program to improve balance, posture, bone density and fitness in a positive social group.</i>
Strong People Stay Young Group 6 (Friday)	<i>A strength training, weight resistant exercise program to improve balance, posture, bone density and fitness in a positive social group.</i>
Tai Chi - Beginners (Monday) A separate course, outside our programme, but offered to U3A members.	<i>A gentle path to wellness for beginners at any health level. Tai Chi is a fantastic option for beginners, especially those living with chronic conditions. Unlike strenuous exercise, Tai Chi focuses on slow, controlled movements that are easy on your joints and muscles. This makes it perfect for people with arthritis, back pain or recovering from illness. <b>Cost \$7.00 per class.</b></i>
Tai Chi - Intermediate (Monday) A separate course, outside our programme, but offered to U3A members.	<i>Taking your Tai Chi to the next level. Congratulations on progressing to Intermediate Tai Chi! As you become more comfortable with the basic movements, there are exciting possibilities to deepen your practice and address your specific chronic condition. Intermediate programs build upon your foundation, introducing more intricate movements and sequences. This can further enhance balance, coordination, strength and flexibility. <b>Cost \$7.00 per class.</b></i>
Weights for Mates - Groups 1 & 2 (Friday)	<i>A strength training program suitable for men of all ages. Enjoy the benefits of being stronger and healthier, including improved posture, balance and stability, as well as self-confidence while maintaining the best quality of life possible.</i>

Name / Day	Description
<b>Exercise &amp; Wellbeing (continued)</b>	
Weights for Mates - Group 3 (Monday)	<i>A strength training program suitable for men of all ages. Enjoy the benefits of being stronger and healthier, including improved posture, balance and stability, as well as self-confidence while maintaining the best quality of life possible.</i>
Yoga 1 & 2 (Tuesday)  A separate course, outside our programme, but offered to U3A members.	<i>This class is based on Hatha Yoga, with a significant component of back care, centering and breathing practice, followed by limbering and stretching.</i> <b>Two groups. Cost \$7 per class.</b>
Zumba Gold (Wednesday) A separate course, outside our programme but offered to U3A members.	<i>Have fun with dance fitness adapted for seniors with easy-to-follow steps to Latin dance rhythms.</i> <b>Cost \$7 per class.</b>
<b>General Interest</b>	
Current Affairs (Thursday)	<i>Interested in what is going on in the world today? Let's get together to discuss it. Everyone's input is welcome but not necessary. We may not solve all the problems of the world. We will have fun trying.</i>
Anthropology (Tuesday)	<i>This course covers the early development of the human race and migration out of Africa. It will then mainly focus on the development of civilisations in America and the Pacific Ocean area. The course will use PowerPoint presentations and video clips. Discussion encouraged.</i>
Garden Interest Group (Friday)	<i>Group members discuss gardening and share experiences of plants and gardens that work for them. May include guest speakers, "save my garden" ideas and possible working bees. Pre-arranged topics and flexibility to group suggestions. Please call tutor before joining group.</i>

Name / Day	Description
<b>General Interest (continued)</b>	
Memory Teasers (Thursday)	<i>Test your knowledge – just like Trivial Pursuit only more enjoyable.</i>
Philosophy (Friday)	<i>Discover the subject of philosophy from a modern perspective with references to the ancient philosophers too.</i>
Tuesday Trivia (Tuesday)	<i>This is an individual challenge. Test your knowledge of useful or forgettable information with forty questions each month.</i>
That was the Week that Was (Friday)	<i>Discussion Group of people to discuss the week's ideas, people in the news and generally the news that the media has reported.</i>
<b>History</b>	
Archaeology – Classical Ancient Greece and Rome. (Wednesday)	<i>The field of archaeology takes its name from two Greek words meaning “ancient things” and “studies.” Archaeology may be defined as the study of cultures through their material remains. Those remains may range in size from a grain of pollen in a wine jar to an entire buried city. “Classical” archaeologists are researchers who continue the quest for an understanding of Greek and Roman antiquity. We will investigate this subject through a series of video lectures and discussions.</i>
Family History (Thursday)	<i>Do you want to start researching your family history or do you need a refresher? If you are worried about skeletons on your family tree – don't start - every family has them to some extent. This will not be a formally structured course over a set period. The sessions will cover the principles of family history research, types of sources and repositories, search techniques, breaking down brick walls and research planning. Beware – family history research can be addictive.</i>

Name / Day	Description
<b>History (continued)</b>	
Family History - DNA Testing (Tuesday)	<i>If you need to work on your DNA results, this is an introduction to the mysteries of DNA trees, and what you have to do. The work doesn't stop after you get the result - it is just the beginning of your work.</i>
History – Meet the Greeks (Tuesday)	<i>After looking at the why, where and when of ancient Greek history, we will learn about the earliest human communities in Greece and conclude with the rise and conquests of Alexander the Great. There will be extensive use of audio-visual aids and group discussion.</i>
History – The Medieval Legacy (Wednesday)	<i>Though it ended five centuries ago, the medieval era continues to reverberate through our world in far-reaching ways. The influences and imprints of the Middle Ages are all around us, sometimes in obvious incarnations and sometimes in much less immediately noticeable ways. We will investigate these with a series of video lectures and discussions.</i>
History of World Cinema (Monday)	<i>This course looks at all aspects of cinema, from the beginning to today - the entertainment, innovation, art and controversy. Documentaries and film clips or some full movies will be shown.</i>
Legacy Family Tree (Tuesday)	<i>You are creating your family tree. Now you need to record what you have found. Large notebooks and paper files are not the answer. Nor is an online tree. Legacy 10 is a free software program for you to install on your computer.</i>
The Mystery of History (Monday)	<i>Explore the history, lifestyles, events and inventions of the past.</i>
<b>Languages</b>	
Italian - Beginners & Intermediate (Tuesday)	<i>Learn or improve conversational Italian.</i>
Spanish - Beginners & Intermediate (Monday)	<i>There are three Spanish classes – one for beginners and two at an intermediate level.</i>



Name / Day	Description
<b>Literature</b>	
Book Discussion Group - B (Thursday)	<i>Read and discuss a wide range of genres and novels. Discover new authors whose books you may not normally choose.</i>
Book Discussion Group - Y (Thursday) Class full	<i>Read and discuss a wide range of genres and novels. Discover new authors whose books you may not normally choose. .</i>
Creative Writing (Wednesday)	<i>Learn how to drop everything and write - short stories; "what if" scenarios; memoirs and other stories. Share among a wonderful group of like-minded creative writers.</i>
<b>Music</b>	
AbsoLUKEly Strummin' (Thursday) Waiting list	<i>This group is for those who know how to play the ukulele and love a good singalong. Waiting list. Check with tutor.</i>
Acoustic Guitar - Beginners (Wednesday)	<i>Enjoy the thrill of discovering the best sounding, most versatile instrument on the planet! Improve your mind, develop your muscle memory, enjoy the satisfaction of real achievement. Absolutely no prior knowledge required and we really will have you playing from day one! Good music, new skills, good company. What more is there?</i>
Acoustic Guitar – Intermediate (Wednesday)	<i>Now the early learning curve is over, play for enjoyment, sharpen our skills, improve our fluency and maybe tackle that stuff we used to think was difficult!</i>
Jukes Singalong (Friday)	<i>Do you know how to play the ukulele? Bring your ukulele and join in a fun singalong.</i>
Music for Pleasure Ensemble (Thursday)	<i>The group is for anyone who plays an instrument, even at an elementary level, with the aim to learn together.</i>
Piano & Organ Encouragement (Wednesday)	<i>This is a small friendly group who get together each fortnight to play the piano and / or organ. If you would like to brush up your skills, think about joining. No teaching is provided.</i>
Singalong Guitar (Friday)	<i>Everyone welcome! Come and jam with other players. Enjoy the oldies, learn new songs, enjoy the company.</i>

Name / Day	Description
<b>Music (continued)</b>	
Sophisticated Folk Choir (Monday)	<i>Sing a variety of songs in 3- or 4-part harmony; folk songs; some classical pieces; spirituals and popular songs from musicals. Perform in retirement villages and community clubs in our location. Cost \$3 - \$2 for U3A and \$1 towards choir costs.</i>
Ukuleles in Harmony (Thursday)	<i>If you can play a few common chords, you may enjoy learning melody, chords and harmony and play tunes written for ukuleles in an ensemble.</i>
Ukuleles in Harmony: Pre-chorus (Thursday)	<i>A preparatory course for playing in a ukulele ensemble. Learn classical techniques for left-hand and right-hand fingering. Music arrangements are written for all levels of playing.</i>
<b>Photography</b>	
Photographic & Social Club (Monday)	<i>The Photographic Group meets once a month with a “show and tell” photo section and answers your questions regarding camera settings and photo editing. Throughout the year, we usually go on 3 or 4 photographic trips then, at the next meeting, we show and discuss the photographs that we have taken. If you are interested in photography, come and join us. Cost is \$2 when we meet at Calala Drive Hall.</i>



### **CARAVAN, MOTORHOME and CAMPING GROUP**

The first rally for 2025 will be to the Imbil Camping retreat from 3<sup>rd</sup> to 7<sup>th</sup> March. Set alongside the beautiful Yabba Creek, there are opportunities for biking, swimming, canoeing, fishing and stand-up paddle boarding. For more information, contact **Penny** or **Heather**..

### **HAPPY WANDERERS**

This group offers members opportunities for excursions and travel with friends. The scope of the travel will vary from local to overseas. Members will be able to share their ideas and suggestions including providing preliminary information. The preferred means of communication will be via emails with meetings kept to a minimum.



For more information, contact **Sue Collett** or **Lynette Mayhew**.

## SCHEDULE OF CLASSES

DAY & TIME	CLASS	VENUE	TUTOR
<b>MONDAY</b>			
Weekly 7:45 – 9:00 am From 13 Jan	Weights for Mates Group 3	U3A Pine Rivers Centre	Barry Wedd
2nd, 3rd, 4th, 5th week of month 8:30 - 9:15 am From 20 Jan	Line Dancing for Beginners	Kallangur Community Hall	Noelene Pattinson
1st, 3rd, last week of month 9:00 am - 1:00 pm	Jewellery Making	Strathpine Library	Robyn Heffernan
3rd week of month 9:00 am - 3:00 pm	Textile Art <b>Class full</b>	Calala Drive Hall	Diane Flint
Weekly 9:00 - 11:30 am From 13 Jan	Games for the Brain	U3A Pine Rivers Centre	Alison Gardner
Weekly 9:00 am - 12 noon From 13 Jan	Social Bridge	U3A Pine Rivers Centre	Beulah Bryson
2nd, 3rd, 4th, 5 <sup>th</sup> week of month 9:15 - 10:30 am From 20 Jan	Line Dancing	Kallangur Community Hall	Noelene Pattinson
Weekly 9:30 - 10:40 am From 3 Feb	Exercise for Health <b>Class full</b>	U3A Pine Rivers Centre	Margaret Masters
2nd, 4th of month 9:30 am - 12 noon From 10 Feb	History of World Cinema	U3A Pine Rivers Centre	John Targuse
Weekly 9:30 - 10:30 am From 13 Jan	Spanish - Intermediate 1	U3A Pine Rivers Centre	Gabriel Gonzalez
2nd week of month 9:30 - 11:30 am From 10 Feb	Photographic & Social Club	Calala Drive Hall	Mary-Jane Scott

DAY & TIME	CLASS	VENUE	TUTOR
<b>MONDAY</b>			
Fortnightly 10:00 - 11:30 am From 3 Feb	History and All That	Strathpine Contact Tutor	Elizabeth Arden
1st, 3rd week of month 10:30 am -12:30 pm From 20 Jan	The Mystery of History	U3A Pine Rivers Centre	John McGregor
Weekly 10:40 - 11:40 am From 13 Jan	Spanish – Intermediate 2	U3A Pine Rivers Centre	Gabriel Gonzalez
Weekly 11:00 am - 12 noon From 3 Feb	Strong Beats <b>Class full</b>	U3A Pine Rivers Centre	Margaret Masters
Weekly 12:15 - 1:15 pm From 13 Jan	Spanish - Beginners	U3A Pine Rivers Centre	Gabriel Gonzalez
Weekly 12:30 - 4:00 pm From 13 Jan	Card Games 1 Experienced	U3A Pine Rivers Centre	John Paul
Weekly 1:00 - 3:00 pm From 13 Jan	Sophisticated Folk Choir	Kallangur Community Hall	Irene Macfarlane Derek Macfarlane
Weekly 1:30 - 2:15 pm From 13 Jan	Tai Chi – Intermediate <b>Fee \$ 7 per class</b>	U3A Pine Rivers Centre	JanCarol Hills
Weekly 2:30 - 3:15 pm From 13 Jan	Tai Chi – Beginners <b>Fee \$ 7 per class</b>	U3A Pine Rivers Centre	JanCarol Hills
<b>TUESDAY</b>			
1st week of month 7:30 - 10:30 am From 4 Feb	Bird Watching	Various Venues	Claire Anderson
Weekly 9:00 am - 12 noon From 14 Jan	Knitters' Circle	U3A Pine Rivers Centre	Linda Brand Esther George

DAY & TIME	CLASS	VENUE	TUTOR
<b>TUESDAY</b>			
Weekly 9:00 am - 12 noon	Lawn Bowls Samford <b>Fee \$ 17</b>	Samford Bowls Club	Graham Clarke
Weekly 9:00 - 10:15 am From 14 Jan	Strong People Stay Young 1 <b>Vacancies</b>	U3A Pine Rivers Centre	Jo-Ann Shirley
1st, 3rd week of month 9:00 am - 12 noon From 21 Jan	Legacy Family Tree	U3A Pine Rivers Centre	Charlie Nolan
Weekly 9:30 - 10:45 am From 28 Jan	Strong People Stay Young 2	Ferny Districts Fishing Club	Carolyn Turton  Helen Zada
3rd week of month 9:30 - 11:30 am From 21 Jan	Tuesday Trivia	U3A Pine Rivers Centre	J-P Franzidis
4th week of month 9.30 – 11.30 am From 28 Jan	Watercolour Workshop Morning	U3A Pine Rivers Centre	Marieke Kleynhans
2nd, 4th week of month 10:00 am - 12 noon From 28 Jan	For Art's Sake	Calala Drive Hall	John Wright
2nd, 4th week of month 10:00 – 12.00 noon From 14 Jan	History - Meet the Greeks	U3A Pine Rivers Centre	Greg Passmore
Weekly 11:00 am –12:15 pm From 14 Jan	Strong People Stay Young 3	U3A Pine Rivers Centre	Margaret Williams  Maura Stiler
Weekly 11:15 am- 12:30 pm From 28 Jan	Yoga 1 <b>Fee \$ 7 per class</b>	Lawnton Community Centre	Doug Rath

DAY & TIME	CLASS	VENUE	TUTOR
<b>TUESDAY</b>			
Weekly 12 noon - 2:30 pm From 28 Jan	Chess	U3A Pine Rivers Centre	Barry Norton
4th week of month 12.30 – 2.30 pm From 28 Jan	Watercolour Workshop Afternoon	U3A Pine Rivers Centre	Marieke Kleynhans
Weekly 12:30 - 1:30 pm From 28 Jan	Italian - Beginners	U3A Pine Rivers Centre	J-P Franzidis  Ross Donaldson
Weekly 12:45 – 2:15 pm From 11 Feb	Nonviolent Communication (NVC)	U3A Pine Rivers Centre	Karla Cameron
1st & 3rd week of month 1.00 – 3.00 pm From 21 Jan	Family DNA	U3A Pine Rivers Centre	Charlie Nolan
Weekly 1:00 - 2:15 pm From 28 Jan	Yoga 2 <b>Fee \$ 7 per class</b>	Lawnton Community Centre	Doug Rath
1st & 3rd week of month 1:00 - 2:30 pm From 4 Feb	Anthropology	U3A Pine Rivers Centre	John Tendero
Weekly 1:45 - 2:45 pm From 28 Jan	Italian - Intermediate	U3A Pine Rivers Centre	J-P Franzidis  Ross Donaldson

DAY & TIME	CLASS	VENUE	TUTOR
<b>WEDNESDAY</b>			
Fortnightly 8:30 am - 12 noon	Archery <b>Fee \$7</b>	Contact Tutors Kurwongbah	David Adams  Kris Casey
Weekly 9:00 - 11:30 am From 15 Jan	BYO Craft	U3A Pine Rivers Centre	Linda Brand  Esther George
Weekly 9:00 - 10:15 am From 15 Jan	Strong People Stay Young 4	U3A Pine Rivers Centre	Linda Bretherton
3rd week of month 9:00 am - 12 noon From 15 Jan	Creative Writing	U3A Pine Rivers Centre	Lyn Paton  Judith Gilligan
Weekly 9:00 - 10:00 am From 15 Jan	Acoustic Guitar – Beginners	U3A Pine Rivers Centre	Charles Doyle
Weekly 9:15 am - 12:30 pm From 15 Jan	Card Games 2	Calala Drive Hall	Lyn Peterson
Weekly 9:00 - 10:30 am From 15 Jan	History of Railways	U3A Pine Rivers Centre	Ken Passmore
Weekly 9.30 am – 12.00 noon From 5 Feb	Life Skills for All Ages	King's Cottage	Jean Wortley
2nd, 4th week of month 10:00 - 11:00 am From 22 Jan	Circle Dance	U3A Pine Rivers Centre	Carol Hughes
Weekly 10:30 - 11:15 am From 29 Jan	Zumba Gold <b>Fee \$ 7 per class</b>	U3A Pine Rivers Centre	Maggie Makata

DAY & TIME	CLASS	VENUE	TUTOR
<b>WEDNESDAY</b>			
Weekly 11:00 am -12:30 pm From 29 Jan	History - The Medieval Legacy	U3A Pine Rivers Centre	Tony Nobbs
Weekly 10.30 am -12 noon From 15 Jan	Acoustic Guitar - Intermediate	U3A Pine Rivers Centre	Charles Doyle
Weekly 12:30 - 3:30 pm From 15 Jan	Mahjong for Beginners	U3A Pine Rivers Centre	Frank Sparreboom
Weekly 12:30 - 4:00 pm From 15 Jan	Mahjong Group - L	U3A Pine Rivers Centre	Laurel Boswell
Fortnightly 12:30 - 3:00 pm	Piano & Organ Encouragement No teaching	Various Venues	Heather Cross
Weekly 1:00 - 2:30 pm From 29 Jan	Archaeology – Classical of Ancient Greece and Rome	U3A Pine Rivers Centre	Tony Nobbs
<b>THURSDAY</b>			
Weekly 8:30 - 10:00 am	Lawn Bowls Kallangur <b>Fee \$ 10</b>	Kallangur Bowls Club	Ros Clark
2nd, 4th week of month 9:00 - 11:30 am From 23 Jan	Card Making <b>Waiting list</b>	Calala Drive Hall	Penny Mack
Weekly 9:00 am - 12 noon From 16 Jan	Fun with 500	U3A Pine Rivers Centre	Paula Gregory
Weekly 9:00 am - 12 noon From 23 Jan	Family History	U3A Pine Rivers Centre	Charlie Nolan



DAY & TIME	CLASS	VENUE	TUTOR
<b>THURSDAY</b>			
3rd week of month 9:00 - 11:00 am From 16 Jan	Book Discussion Group – Y <b>Class full</b>	King's Cottage	Yvonne Wickham
1st week of month Feb to Nov 9:30 - 11:30 am	Memory Teasers	Calala Drive Hall	Elizabeth Arden
1st & 3rd of month 9.30 – 11.30 am From 16 Jan	Sew handy - sewing everyday essentials	U3A Pine Rivers Centre	Joy Royce
Weekly 9:30 - 10:45 am From 30 Jan	Strong People Stay Young 5	Ferny Districts Fishing Club	Carolyn Turton  Helen Zada
1st week of month 9:30 - 11:30 am From 6 Feb	Current Affairs	U3A Pine Rivers Centre	J-P Franzidis
Weekly 9:30 am - 12 noon From 16 Jan	AbsoluKEly Strummin Group <b>Waiting list</b>	U3A Pine Rivers Centre	Colleen Elliott  Rhonda Heffernan
2nd week of month 10:00 - 11:30 am From 13 Feb	Book Discussion Group - B	Strathpine Library	Bill Bryson
Weekly 11:30 am -12:30 pm From 6 Feb	Ukuleles in Harmony: Pre-chorus	U3A Pine Rivers Centre	Lesley Allan
Weekly 12:30 - 3:30 pm From 16 Jan	Mahjong Group – F Experienced players	U3A Pine Rivers Centre	Frank Sparreboom
Weekly 12:30 - 1:30 pm From 23 Jan	Chair Yoga <b>Waiting list</b>	U3A Pine Rivers Centre	Anne Murrell

DAY & TIME	CLASS	VENUE	TUTOR
<b>THURSDAY</b>			
Fortnightly 1:00 - 3:00 pm	Music for Pleasure Ensemble	Various Venues	Graham Goss
Weekly 1:00 - 3:00 pm From 6 Feb	Ukuleles in Harmony	U3A Pine Rivers Centre	Lesley Allan
Weekly 1:30 - 2:30 pm From 16 Jan	Fun with QiGong & Meditation <b>Fee \$ 7 per class</b>	King's Cottage	JanCarol Hills
Weekly 1:45 - 2:45 pm From 23 Jan	Floor Yoga	U3A Pine Rivers Centre	Anne Murrell
<b>FRIDAY</b>			
Weekly 7:15 - 8:15 am From 17 Jan	Weights for Mates - Group 1	U3A Pine Rivers Centre	Peter Cross  Paul Baguley
Weekly 9.00 am – 12:30 pm From 17 Jan	Card Games - Group 3 Experienced & Beginners	U3A Pine Rivers Centre	John Paul
Weekly 8:30 - 9:30 am From 17 Jan	Weights for Mates - Group 2	U3A Pine Rivers Centre	Alan Cooper
Weekly 9:30 - 11:00 am From 17 Jan	Philosophy	U3A Pine Rivers Centre	Ken Passmore
Fortnightly 9.30 am - 12 noon	Jukes Singalong	Salvation Army Hall Lawnton	Julianne Gibb
4th week of month 10:00 am - 12 noon	Art Appreciation Group	Various Venues	Kris Casey

DAY & TIME	CLASS	VENUE	TUTOR
<b>FRIDAY</b>			
Weekly 10:00 - 11:15 am From 17 Jan	Strong People Stay Young 6	U3A Pine Rivers Centre	Ann Robertson
Weekly 10:00 am - 12 noon From 7 Feb	Garden Interest Group	Calala Drive Hall	Chris Dawson
Weekly 10:00 am - 12 noon From 17 Jan	Singalong Guitar	U3A Pine Rivers Centre	Charles Doyle
Weekly 11.30 am -1.00 pm From 17 Jan	That Was the Week that Was	U3A Pine Rivers Centre	Ken Passmore

### ***Vale Mrs Lillian Tebesceff***

Members will be saddened to hear that Mrs Lillian Tebesceff, Life Member, passed away a couple of months ago. Many members will recall the wonderful classes that Lillian conducted as she introduced them to the world of art. Lillian was the *2008 Australia Day Pine Rivers Shire Cultural Award* winner. She organised many displays at the Pine Rivers Art Gallery at Strathpine and the Dayboro Community Art Gallery. Lillian was a Management Committee member, a Tutor in Italian and Tutor Coordinator. Members of Lillian's family have donated a couple of her art works which will be displayed at the U3A Pine Rivers Centre, Kallangur.

### **Two Activity Leaders are stepping down.**



**Marilyn Mavin** has researched, planned and conducted many happy, successful Coach Trips for eight years.



**Yvonne Wickham** has enabled so many members to attend stage shows mainly at QPAC at group discount prices in the company of their friends.

Thank you to Marilyn and Yvonne for volunteering for so many years.

Please read future editions of *In the Loop* for details of plans for 2025 Coach Trips and Theatre Outings.