



U3A Melbourne City Inc.

Class Guide

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Arts: Applied

2026 Botanical Drawing Continuing 1547-1

This class is not for beginners. Experience required. Do you enjoy botanical drawing and would like to draw alongside like-minded people? This is an informal, unstructured, untutored drawing group that meets weekly to draw together and share our work. Everyone works at their own pace and on their own work. Discussion and sharing of ideas is encouraged. Our focus is observational botanical drawing. Bring your own equipment, botanical specimens and drawings to work on. All welcome.

The objective of this group is to provide a relaxed social setting for participants to further develop their artistic skills and techniques in botanical drawing, using drawing and watercolour media.

PRIOR LEARNING

Prior drawing experience required. This group is not for beginners.

Course materials: PLEASE BRING your own equipment, botanical specimens and drawings to work on.

Group Leader Jennifer Warburton's professional background is in research management, university libraries and teaching. She is interested in art, architecture and design and is passionate about life-long learning. She discovered botanic drawing through U3A Melb City and enjoys continuing her drawing practice with others.

Location: Multicultural Hub Timber Room 506 Elizabeth St, Melbourne

Dates: 3 Feb 2026 - 24 Nov 2026

Schedule: Weekly on Tuesday 10:00 AM - 11:30 AM

Tutor: Jennifer Warburton,

Co-Tutor: Tucker, Margot

2026 Craft Group 338-1

Join a friendly, relaxed, mutually supportive group where you can work on your own craft projects and share skills in knitting, crochet, embroidery, quilting, and card-making. It's the perfect space to finish old projects, explore new techniques, and find inspiration. This is a hands-on class.

Course Materials; Participants provide their own materials and sometimes there are opportunities to swap materials.

Angela has been crafting since childhood and can't imagine life without it.

Location: Greek Centre, Room 2.2/3 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 3 Feb 2026 - 24 Nov 2026

Schedule: Weekly on Tuesday 10:00 AM - 12:30 PM

Tutor: Angela Moodie,

2026 Improv Comedy Acting Workshop 1413-1

This course is a fun way for students to learn the techniques of Improv Comedy Acting in a safe and supportive environment. The Workshop develops a fundamental skill set assisting students to improvise on stage and collaborate with one another to play theatre games, create sketches on the fly, and discover, create, and develop characters.

No prior acting experience is needed, all are welcome, and it is a must that students do try to perform.

Please wear comfortable clothing which allows movement.

Tutor Don Blasingame: Don started taking improv workshops in San Francisco back the 1980s and has 38 years of studying, performing, and instructing improv; and more importantly, playing.

Location: Multicultural Hub Green Room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 6 Feb 2026 - 27 Nov 2026

Schedule: Weekly on Friday 1:00 PM - 3:00 PM

Tutor: Don Blasingame,

Arts: Appreciation/History

2026 Art After Hours 1795-1

Art After Hours is a curated, monthly email for members who enjoy exploring art from the comfort of their home.

Each month Sharon comes across videos, books, articles and exhibitions while researching and preparing her art history lectures. Many of these discoveries are too good not to share. So she has begun curating a small monthly selection of things to watch, read and see — Art after Hours. Think of it as a way to keep the conversation about art going beyond the classroom. If you'd like to receive this curated list, Sharon invites you to enrol and join her. We hope it will offer new perspectives, unexpected discoveries and perhaps a few favourite finds along the way.

Note; ignore "class dates" below. Monthly emails will be sent on varying dates.

A passionate art history enthusiast and storyteller, Sharon Carter brings the past vividly to life through rich narratives connecting art, culture and history. Her love of travel and curiosity inspire her teaching.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 6 Jul 2026 - 2 Nov 2026

Schedule: Monthly, first Monday 10:00 AM - 11:00 AM

Tutor: Sharon Carter,

2026 Margaret Preston: The Making of a Modern Artist 1801-1

Term 3 Short Course - one Zoom lecture only

How did Margaret Preston become Australia's leading modernist? This one-off Zoom lecture follows her journey from art student in Melbourne to expatriate artist in Paris and London, exploring the Post-Impressionist and modernist ideas that shaped her vision. Returning home, Preston sought to create a bold national art grounded in colour, design and pattern. We will also consider her influential and controversial engagement with Aboriginal art and how her legacy continues to provoke discussion today. This lecture will add context to the upcoming exhibition at NGV in September.

Tutor Sharon Carter is a passionate art history enthusiast and storyteller. Sharon brings the past vividly to life through rich narratives connecting art, culture and history. Her love of travel and curiosity inspire her teaching.

Location: Zoom 4 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 20 Aug 2026

Schedule: One day only: 20 Aug 2026 1:30 PM - 3:00 PM

Tutor: Sharon Carter,

2026 Movie Milestones 1727-1

Explore some of the most important films ever made, from groundbreaking classics to influential modern works. Each session features film viewings and themed discussions that deepen understanding of cinematic history and technique. Students will broaden their appreciation of film as art and develop practical skills in film critique and analysis.

A small contribution for photocopying is required.

Tutor Diane Charleson: Diane is a seasoned academic and filmmaker who has taught film at RMIT and ACU. She specialises in film appreciation and production, with current work in poetry video. Diane also shares her insights as a film critic on TikTok.

Location: The Library at Docklands Performance Space-2 107 Victoria Harbour Promenade, DOCKLANDS 3008 VIC

Dates: 3 Feb 2026 - 24 Nov 2026

Schedule: Weekly on Tuesday 1:30 PM - 4:30 PM

Tutor: Diane Charleson,

2026 Movies of Merit 443-1

Now in its 19th year, this course continues to showcase thought-provoking films highly rated by international reviewers, many of which are lesser-known and often foreign, offering rich cultural insights and will make you think. Each film is screened in full, followed by a lively group discussion focused on both enjoyment and most importantly an appreciation of the more “technical” aspects of filmmaking. Participants share ratings and reflections, making the discussion a highlight and most valuable aspect of the course.

Prerequisites: A keen interest in quality films from around the world, including the technical elements of filmmaking.

This year, in view of the continued popularity of the course, we will ask participants who have neither attended nor entered apologies into the system for three or more consecutive sessions to leave the course and invite the next member on the waitlist to join. We may also invite those on the waitlist to attend on a temporary basis when class members are away on extended holidays.

Location: The Library at Docklands Performance Space-2 107 Victoria Harbour Promenade, DOCKLANDS 3008 VIC

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 12:15 PM - 3:30 PM

Tutor: John Waldie,

Co-Tutor: McKay, Michael

2026T4 Great Women Artists

Term 4 Short Course

“Why have there been no great women artists?” - This is the question Linda Nochlin (Feminist Art Historian) posed in a 1971 article. In this 9-part series, we will investigate this question and reveal the great women artists of centuries past. Our journey begins in Renaissance Italy with Artemisia Gentileschi, then moves on to the portrait painters of the 17th and 18th centuries. We will cover female Impressionists, Surrealists and Abstract Impressionists. Finally, we will cover the UK before we travel to the US. Join Sharon on this inspirational global tour of Great Women Artists 500 years in the making. Presented in a lecture-style format with some discussion, supported by a mix of slides and video content.

Note start date is Sept. 30th. No admission after the first session.

A passionate art history enthusiast and storyteller, Sharon brings the past vividly to life through rich narratives connecting art, culture and history. Her love of travel

Location: Multicultural Hub Green Room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 30 Sep 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 2:00 PM - 3:30 PM

Tutor: Sharon Carter,

2026T4 Melbourne's Architecture & Urban Planning

Term 4 Short Course

VENUE/TIME TBC

This course will explore the planning of, and architecture of Melbourne from Colonisation to the present. It will be framed in a historical, social, political and immigrant perspective. This course will be presented as a set of lectures and site explorations.

Bring a notebook. Participants will also be provided with printed handouts, reference sheets and online resources.

Livio's formal qualifications in Building and Urban Design are from RMIT and LaTrobe University. He has an ongoing interest in City Planning and Architecture

Location: Greek Centre, Room 2.4 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 8 Oct 2026 - 19 Nov 2026
Schedule: Fortnightly on Thursday 10:00 AM - 12 noon
Tutor: Livio Tence,

Brain Training & Games

2026 Bridge Supervised 709-1

Under the supervision of the tutor, students who have already completed a Beginners' course of lessons will be able to play sessions of Contract Bridge. Guidance will be provided to improve students' knowledge and skills to the level of being able to enjoy playing in a Bridge Club.

A brief clinic may precede each week's card play session.

PRIOR LEARNING; Completion of a course of Bridge Lessons for Beginners.

Class Materials: Bring a pen.

Nominal fee from participants to cover costs of photocopying of some forms, or to purchase them from Bridge suppliers.

NOTE; Classes start Jan 13th before the normal start for Term 1

Tutor Mike Finn: Mike is a long time U3A member and has led the Bridge Supervised class for many years.

Location: Ross House Sue Healy Rm 2.2 247 Flinders Lane, Melbourne 3000 VIC
Dates: 3 Feb 2026 - 24 Nov 2026
Schedule: Weekly on Tuesday 1:00 PM - 4:00 PM
Tutor: Michael Finn,

2026 Bridge: Beginners & Improving Players TBA 790-1

This course will cover the basic principles of bidding, playing a hand, and defending at the bridge table. Its emphasis will be on enjoying Bridge and extending your powers of concentration. It will be based on the Standard American, 5 cards Major System. You will be expected to do some homework each week to refresh and reinforce what you have learned in class. This course is designed for total beginners and also for students wanting to consolidate their learning before moving to Supervised Bridge.

NOTE: Consolidating players start earlier than Beginners. The first 30 minutes is devoted to question time and learning popular conventions, then application by actual play. Beginners group starts 30 minutes later. Learning and play is governed by the overall understanding of the studied topic.

Class Materials: Pen and paper.

Enrolment Cut-off: No admission for Beginners after the first class.

All students waitlisted (only after classes started).

Tutor Hana Kadera: Hana has been a bridge Tutor for almost 10 years and loves teaching Bridge to all her groups.

Location: Multicultural Hub Green Room 506 Elizabeth Street, Melbourne 3000 VIC
Dates: 4 Feb 2026 - 25 Nov 2026
Schedule: Weekly on Wednesday 10:00 AM - 12 noon
Tutor: Hana Kadera,

2026 Bridge: Social TBA 1768-1

Beginning in Term 2 this course will continue to the end of the year.

This two-hour weekly session is for members already familiar with Bridge. Participants should know opening bids, first responses, opener rebids, and the basics of overcalling, asking for aces, Stayman, transfers, and takeout. Each game will be scored and discussed before east/west players move to the next pair. There is no formal training, but members can practise their Bridge with help available on request.

After classes begin admission is by Tutor approval.

Hana is Bronze State Bridge Master and has been running the U3A Bridge for Beginners Class since 2015.

Location: Ross House Sue Healy Rm 2.2 247 Flinders Lane, Melbourne 3000 VIC

Dates: 23 Apr 2026 - 26 Nov 2026

Schedule: Weekly on Thursday 2:00 PM - 4:00 PM

Tutor: Hana Kadera,

2026 Chess - The Gymnasium of the Mind TBA 328-1

Chess, the “Royal Game”, is an ancient and timeless art and sport with a rich history and tradition. It offers endless opportunities to be imaginative, creative, and strategic. Beginners will receive weekly structured and comprehensive notes covering all the rules, chess notation, strategies, and tactics. We will analyse historical games to appreciate the depth and beauty of chess. More experienced players can enjoy a welcoming and friendly environment in which to practise and refine their skills, while sharing the camaraderie of fellow chess enthusiasts.

Bring pen and paper.

All students waitlisted (only after classes started)

Any mid-year requests for enrolment require some prior knowledge of the basic rules.

Tutor Michael Riera: Michael is an amateur chess enthusiast with a teaching background.

Location: Ross House Sue Healy Rm 2.2 247 Flinders Lane, Melbourne 3000 VIC

Dates: 2 Feb 2026 - 23 Nov 2026

Schedule: Weekly on Monday 10:00 AM - 1:00 PM

Tutor: Michael Riera,

2026 Cryptic Crosswords for the Not So Clueless 1577-2

This is a course for those who have some acquaintance with cryptic crosswords and would like to improve their skills. Cryptic clues are brain teasers and a celebration of the hidden magic within the English language. The clues and answers combine creativity, knowledge, and logic. With gentle guidance, humour, and wit we will work together as a team to learn more about cryptic clue types and to complete puzzles each week.

Beginners are welcome but need to be prepared to be initially perplexed and then eventually enlightened. The wonderful world of Cryptic Crosswords awaits!

Crosswords will be supplied, bring pen and paper. \$5 per person each term for photocopying reimbursement.

Tutor Katrina Henshall: Katrina has been running Cryptic Crossword Classes for many years, both at the beginner level and more advanced level. Her background is in the Science and Maths fields working in industry, education, and training.

Location: Greek Centre, Room 2.2/3 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 2 Feb 2026 - 23 Nov 2026

Schedule: Weekly on Monday 1:00 PM - 2:30 PM

Tutor: Katrina Henshall,

2026 Cryptic Crosswords: Advanced TBA 364-1

This is a fortnightly course for experienced cryptic crossword enthusiasts.

We complete and explain, in a collective manner, the Friday Cryptic Crossword in the Age by David Astle. Participants should bring that Friday Age cryptic crossword to the class. Should it be finished in time (usually), we also complete another cryptic crossword supplied by the convenor.

Experience in solving cryptic crosswords required along with friendliness and good humour. Must be able to at least partially manage the Friday Age DA (David Astle) cryptic crossword.

\$2.00 per term for printing second crossword.

All students waitlisted (before and after classes start).

Group leader Mike Jackson: Mike has a love for words, manifesting first in straight crosswords as a young lad then developing into a passion for cryptic crosswords as he aged and sought the elegance of the anagram or double definition.

Location: Ross House Esther Harris Rm2.1 247 Flinders Lane, Melbourne 3000 VIC

Dates: 17 Jul 2026 - 20 Nov 2026

Schedule: Fortnightly on Friday 11:30 AM - 1:00 PM

Tutor: Mike Jackson,

2026 Pitman Shorthand: Revise as You Train Your Brain 1151-1

The skill of shorthand is recognised for recording information for historical purposes. It also exercises cognitive functions such as concentration, memory and manual dexterity. German researchers verified that older shorthand writers experienced less mental decline than others of their age and in fact had improved memory. Shorthand clubs in Europe offer 'shorthand for the memory' classes. Likewise, our course aims to assist a healthy brain. Revising our previously acquired Pitman theory, we explore puzzles, readings and engaging, enjoyable activities in a relaxed setting. No speed tests and 'rusty' shorthand is fine!

Participants will renew their love for and knowledge of Pitman shorthand, while enjoying the benefits for their memory which are associated with shorthand. All this is achieved in a social setting using practical activities and discussion.

Formal homework is not set, however to achieve the benefits of the course it is recommended that participants revise what was read and written in class.

PRIOR LEARNING

As this is a revision course, participants should have had completed Pitman shorthand training in the past, regardless of how long ago. Lack of recent usage is not a problem.

Course materials: Textbook, (which I can explain via email prior to commencing) shorthand notepad, pencils or pens.

On occasions, photocopy handouts are provided, with a request for reimbursement.

Carmel is a lifelong Pitman shorthand writer, as a student, professional then teacher. She authored "With Pencils Poised. A History of Shorthand in Australia", the only book written on this subject. Carmel administers a Pitman Facebook Group. Shorthand is her passion.

Location: GAA House LR3-Museum Room-GrF 380 Spencer Street, Melbourne 3000 VIC

Dates: 3 Feb 2026 - 1 Dec 2026

Schedule: Weekly on Tuesday 10:00 AM - 12 noon

Tutor: Carmel Taylor,

2026 Rummy Tiles 719-1

Dating back to 1930, Rummy Tiles (Rummikub) is a game that combines elements of Rummy, Dominoes, Mahjong and Chess, and is fast becoming popular in Australia. Usually played in groups of four, Rummy Tiles is a game of chance and skill and is a fun, social way to improve mental agility. The rules are so easy to learn that newcomers can commence playing immediately with friendly guidance.

NOTE; Classes start Monday Jan 19th, before the normal start for Term 1

Location: Ross House Sue Healy Rm 2.2 247 Flinders Lane, Melbourne 3000 VIC

Dates: 2 Feb 2026 - 30 Nov 2026

Schedule: Weekly on Monday 1:00 PM - 4:00 PM

Tutor: Marg Gardner,

Co-Tutor: Wills, Valerie

Current Affairs

2026 Language: A Way with Words ZOOM 1673-1

Term 3 Short Course Single Session

Language is central to our human nature, and crucial for the quality of our relationships and our society, shaping how we think and feel. This seminar will explore speech and writing and other literacies, including animal communication and artificial languages, memetics, how communication works, and the evolution and neurology of language.

Tutor John Carr worked primarily as a psychologist in both clinical and academic settings and lectured at universities in Australia and the USA. John's courses leave you with a whole new outlook on the way we understand ourselves and others.

Location: Zoom 4 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 2 Sep 2026

Schedule: Weekly on Wednesday 9:30 AM - 11:30 AM

Tutor: John Carr,

2026 The State of the World 1779-1

Beginning in Term 2 this course will continue to the end of the year.

Join a discussion-based exploration of current affairs in Australia and around the world. Each class features several topics introduced through short video clips to stimulate conversation. All you need is an interest in what's happening in the world and a willingness to take part.

Tutor Jill Baird has an MA in Political Science and has always maintained an interest in current affairs. She has mainly worked as a teacher, most recently in China.

Location: Multicultural Hub Green Room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 20 Apr 2026 - 23 Nov 2026

Schedule: Weekly on Monday 10:30 AM - 12 noon

Tutor: Jill Baird,

2026 Topics Worth Discussing - ZOOM 1116-1

Enrolment requests suspended due to long waiting list.

Engage with fellow learners in a lively, open forum exploring current Australian and international affairs. Share insights, debate ideas, and deepen your understanding of world events through guided discussion and practical activities. Each session offers a fresh theme, encouraging respectful dialogue, critical thinking, and connection. Ideal for those who enjoy staying informed and exchanging perspectives in a stimulating group setting.

Reference notes, on subjects scheduled for discussion, will be emailed to participants prior to classes

Location: Zoom 1 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 3 Feb 2026 - 24 Nov 2026

Schedule: Weekly on Tuesday 3:00 PM - 4:30 PM

Tutor: Anthony Jones,

2026T4 Christmas ZOOM

Term 4 Short Course

A Christmas Message!: This zoom delivered one-off lecture will look into the origins and traditions of the Christmas season from pagan times onwards to its modern commercialisation, examining stories of a Star of Bethlehem, of birthing and beginnings, and the traditions and possibilities in the gifting of presents

Tutor John Carr; John worked primarily as a psychologist in both clinical and academic settings and lectured at universities in Australia and the USA. John's courses leave you with a whole new outlook on the way we understand ourselves and others.

Location: Zoom 4 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 25 Nov 2026

Schedule: One day only: 25 Nov 2026 9:30 AM - 11:30 AM

Tutor: John Carr,

2026T4 Current Challenges in Europe

Term 4 Short Course

NB TBC.

All dates/times/venue below are to be DISREGARDED until Tutor notifies date of presentation. Date used for the purpose of loading course into MyU3A only.

Europe is facing a number of challenges, ranging from the rise of far-right populism to the war in Ukraine. These are explored in this lecture and interactive course.

Philomena Murray is Honorary Professorial Fellow at the University of Melbourne and Associate Research Fellow at the UN University. A former diplomat, she works on the European Union, its relations with Australia and Asia and refugee policies.

Location: Greek Centre, Room 2.3 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 16 Oct 2026

Schedule: One day only: 16 Oct 2026 10:30 AM - 12 noon

Tutor: Philomena Murray,

2026T4 Money Doesn't Grow on Billionaires

Term 4 Short Course

VENUE/TIME TBC

The Commonwealth Government's capacity to act in response to our era's many pressing problems is much greater than is commonly supposed, as consequently is its moral obligation to do so. This gentle introduction to Modern Monetary Theory (MMT) explains why this is the case, how this capacity might be exercised, and why we've been getting things so terribly wrong for so long.

Bring a freshly-sharpened, open mind. Prior formal instruction in conventional economics is generally a disadvantage, but not an insurmountable one.

No admission after the second session.

Katy Swain is a Masters student in Modern Money Lab's Economics of Sustainability program delivered through Torrens University, a co-founder of the Public Money. Public Good. advocacy group, and an eccentric autodidact of many decades standing.

Location: Multicultural Hub Purple room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 6 Oct 2026 - 24 Nov 2026

Schedule: Weekly on Tuesday 1:30 PM - 3:00 PM

Tutor: Katy Swain,

Dance

2026 Circle Dance - the First Steps TBA 1724-1

Circle dance is a form of dance, common to just about every global culture - holding hands, and being a 'community' while we experience the joy of movement through a range of simple and accessible dances. Dance can improve balance, coordination, musicality and well-being. Most dances have a global flavour and eclectic rhythms and dance patterns will form a repertoire that is repeated and revised throughout the course. You'll find the atmosphere open and welcoming. The time will be spent dancing, with a break about halfway.

From Term 3 all prospective students will be waitlisted pending Tutor approval.

NB. Classrooms are on the 1st floor via stairs, there is no lift.

Dancers will need soft-soled and pliable shoes and comfortable clothing to allow for movement.

Judi is an educator by profession and, as a dancer as well, has been able to seamlessly transfer herself into the realm of dance teaching. And she loves dancing with others!

Location: Royal Historical Society Vic Officers Mess 239 A'Beckett Street, Melbourne 3000 VIC

Dates: 24 Apr 2026 - 27 Nov 2026

Schedule: Weekly on Friday 10:30 AM - 12:30 PM

Tutor: Judi Appleby,

2026 Scottish Country Dancing - Gentle Introduction TBA 1558-1

Do you like puzzles (sudoku, jigsaws, etc)?

Why not add physical activity, great music and fun social interaction to your mental challenge? Scottish Country Dancing is the perfect mix for maintaining body and brain health as we age. Lively jigs and reels or elegant strathspeys are danced by groups of dancers moving around each other in a series of patterns. Dances may be done at walking pace but moves can be lively and involve sudden changes of direction. We will start with walking simple dances such as those done in a circle around the room, adding steps and formations from the broader Country Dance tradition as we progress.

A weekly class summary of dances will be emailed. This will include teaching points, video links for dances, plus additional video links demonstrating new steps or formations as required. This is intended to assist the retention of what was taught in class. Absentees should review the emails to familiarise themselves with what they have missed.

PRIOR LEARNING

Must be able to move freely to music & remember a series of instructions. A good sense of direction & spatial awareness will be an advantage.

Wear comfortable clothing and flexible-soled flat shoes. NB; Classrooms are on the 1st floor; there is no lift.

Margaret first started Scottish Country Dancing as a scientist working overseas. She found it a great way to meet people & enjoyed the challenge of learning the increasingly complex patterns of the dances. She wants to share the enjoyment of this dance form with as many people as possible.

Location: Royal Historical Society Vic Officers Mess 239 A'Beckett Street, Melbourne 3000 VIC

Dates: 5 Feb 2026 - 26 Nov 2026

Schedule: Weekly on Thursday 11:30 AM - 1:00 PM

Tutor: Margaret Leversha,

2026 Scottish Country Dancing Level 2 TBA 1457-1

This course is for current Scottish Country Dancers and those with some previous experience who are ready to progress further. New formations and more complex dances will be taught.

A weekly class summary of dances will be emailed. This will include video links for the dances, plus additional video links demonstrating new steps or formations as required. This is intended to assist the retention of what was taught in class. Absentees should review the emails to familiarise themselves with what they have missed.

PRIOR LEARNING

Successful completion of Level 1 or at least 12 months solid experience at a recognised Scottish Country Dance class. Dancers must be able to dance freely in time to the music, using the appropriate steps; be familiar with standard instructions & able to move automatically in response; understand set layout & management, including corners, appropriate stepping up, & progression; be able to move independently through basic formations such as Rights and Lefts, and Reels of Three.

Wear comfortable clothing and flexible-soled flat shoes

All students waitlisted (before and after classes start). NB Classrooms are on the 1st floor; there is no lift.

Margaret first started Scottish Country Dancing as a scientist working overseas. She found it a great way to meet people & enjoyed the challenge of learning the increasingly complex patterns of the dances. She wants to share the enjoyment of this dance form with as many people as possible.

Location: Royal Historical Society Vic Officers Mess 239 A'Beckett Street, Melbourne 3000 VIC

Dates: 5 Feb 2026 - 26 Nov 2026

Schedule: Weekly on Thursday 9:30 AM - 11:00 AM

Tutor: Margaret Leversha,

Dance Fitness

2026 Dance Fitness For Seniors Basics 1438-1

Note: Enrolments are closed at this time until further notice.

It's never too late to dance. This low-impact class offers easy, joyful routines set to the music many of us grew up with, from Broadway classics to 1980s pop hits. Alongside the fun, participants can expect to boost fitness, coordination, and confidence. No experience necessary, although some experience of dance/aerobics will be an advantage.

Class materials; Occasional small contribution to cover music and choreography costs.

NOTE Classrooms are on the 1st floor, access is via stairs, no lift.

Tutor Dorothy Maricic: A lifelong dancer, Dorothy embraces movement as essential to physical and cognitive wellbeing. Now in her seventies, she maintains her enjoyment of dance in all its forms encouraging her class members to stay active, joyful, and connected through dance.

Location: Royal Historical Society Vic Officers Mess 239 A'Beckett Street, Melbourne 3000 VIC

Dates: 12 Mar 2026 - 26 Nov 2026

Schedule: Weekly on Thursday 1:15 PM - 2:15 PM

Tutor: Dorothy Maricic,

2026 Dance Fitness for Seniors Improvers TBA 1480-1

This low-impact class is intended for members who have attended Dorothy's class for at least one year or equivalent dance experience. The class offers joyful routines set to the music many of us grew up with. Alongside the fun, participants can expect to boost fitness, coordination, and confidence as you rediscover the rhythm within.

All students waitlisted (before and after classes start)

Class materials; occasional small contribution to cover purchase of music tracks, photocopying etc.

NOTE Classrooms are on the 1st floor, access via stairs, no lift.

Tutor Dorothy Maricic: A lifelong dancer, Dorothy embraces movement as essential to physical and cognitive wellbeing. Now in her seventies, she maintains her enjoyment of dance in all its forms encouraging her class members to stay active, joyful, and connected through dance.

Location: Royal Historical Society Vic Officers Mess 239 A'Beckett Street, Melbourne 3000 VIC

Dates: 16 Mar 2026 - 23 Nov 2026

Schedule: Weekly on Monday 10:00 AM - 11:00 AM

Tutor: Dorothy Maricic,

History

2026 Good Girls, Bad Girls: Trailblazers and Rebels 1567-2

Term 3 Short Course

This course explores the lives and legacies of women who have left their mark on history, whether through celebrated achievements, controversial actions, or overlooked contributions. The course features several presenters, bringing a variety of voices and perspectives, and stimulating lively discussion. This Term 3 course is a repeat of the 2025 First Semester course.

Julie has loved history since her early school days and studied it at university and beyond. She has noticed how women are given less attention than men in historical records, with their achievements often downplayed, overlooked or misrepresented.

Location: Greek Centre, Room 2.1 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 14 Jul 2026 - 15 Sep 2026

Schedule: Weekly on Tuesday 10:00 AM - 11:30 AM

Tutor: Julie Badger,

2026 History of the World ZOOM 369-1

Beginning in Term 2 this course will continue to the end of the year.

Journey through major world civilizations from ancient times to the modern era in this guided, interactive survey. Moving in clear 500-year epochs, we explore how societies rose, interacted, traded, migrated, ruled, resisted and transformed across Europe, the Middle East, India, China, Japan, the Americas, Africa and Australia. Discussions illuminate global connections, pivotal turning points and the vivid stories that shaped human history.

No prior knowledge is required. Participants gain a broad understanding of historical patterns, cross-cultural influences and how the past continues to shape our world today.

Christopher holds an honours degree in History and Philosophy and a postgraduate diploma of Education. His interest in both History and Philosophy began in his early teens and has remained a lifelong passion.

Location: Zoom 4 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 24 Apr 2026 - 27 Nov 2026

Schedule: Weekly on Friday 1:30 PM - 3:00 PM

Tutor: Christopher Dargan,

2026 Neighbourhood Strolls Through Boomtime Melbourne 738-2

Semester 2 Course

Discover the rich history of Marvellous Melbourne through monthly guided strolls in five neighbourhoods: Northcote, Williamstown, Yarra River, Clifton Hill, and Collingwood. Each two-hour walk explores historic streetscapes and uses relevant source materials to understand the ways Melburnians adapted to rapid urban growth, with engaging commentary that brings the city's extraordinary past to life. A perfect blend of storytelling, heritage, and fresh air.

Preqquisites: Ability to walk 5 kms in 2 hours.

Participants will be sent details by email about meeting points before the first walk.

Peter has offered Neighbourhood Strolls from 2014. From 2015 he was co tutor in Current Affairs/What's News. In 2021 he introduced History of Espionage. Peter brings history to life with his detailed and engaging story telling.

Location: To be Advised To be advised, MELBOURNE 3000 VIC

Dates: 31 Jul 2026 - 30 Oct 2026

Schedule: Monthly, last Friday 10:00 AM - 12 noon

Tutor: Peter Newbury,

2026T4 Family History ZOOM

Term 4 Short Course

This course is designed to develop participants' family history research skills, covering various family history databases and other family history resources. Participants will be provided with various practical exercises (voluntary) to assist them develop their research and writing skills and to share their discoveries with the class (again voluntary). Topics covered include how to get around brick walls, how to deal with sensitive discoveries, how to organize research findings and documents into accessible digital and/or hard copy files, and how to present, turn research data into compelling family histories

No admission after second class.

Maureen is a social historian experienced in teaching and guiding participants, from novices to those already deep into their research, in identifying research tools and strategies and then turning research findings into compelling family histories.

Location: Zoom 4 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 6 Oct 2026 - 24 Nov 2026

Schedule: Weekly on Tuesday 1:30 PM - 3:30 PM

Tutor: Maureen Fastenau,

Languages

2026 Advanced Latin ZOOM TBA 498-1

This course is for students with Advanced Latin skills.

Over the years we have read a variety of authors. Currently we are reading 'De Rerum Natura' by Lucretius. Each class member is allocated 10-20 lines from the current text each week to translate and be expected to comment on the passage's grammar, syntax, and also elucidate any difficult passages.

All students waitlisted (before and after classes start)

Tutor Margaret Hoobin: Retirement has given Margaret the opportunity to pursue a pleasure that she had to forego many years ago due to work and family commitments. Something that many of the members of the class can identify with and, of course, those who have also taken the opportunity to learn the language in later life.

Location: Zoom 1 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 3 Feb 2026 - 24 Nov 2026

Schedule: Weekly on Tuesday 10:00 AM - 11:30 AM

Tutor: Margaret Hoobin,

2026 Arabic for Beginners ZOOM 1555-1

Learn to speak, read, and write Modern Standard Arabic with a focus on conversation over grammar. Through Zoom sessions, engaging dialogues, native speaker A/V materials, and picture puzzles, students build basic conversational skills. No prior knowledge required transliteration supports beginners while Arabic script is introduced gradually. Weekly lessons are sent in advance. All levels welcome, with content to challenge and support learners throughout the course

The course is based on lessons with a conversational rather than heavily grammatical approach. Introductory dialogues utilising essential words and phrasing. A/V materials featuring native speakers. Picture puzzles which guide the student in understanding of the language by spotting similarities and differences portrayed in the graphics.

PRIOR LEARNING

An attempt is made to accommodate students with no prior knowledge as well as those with some familiarity with the language. Utilising transliteration into Latin script the aim is that a rank beginner can get benefit from lessons at any stage in the progress of the course. There is also content that will challenge students familiar with language as well.

Course Materials; Ahlan wa Sahlan: Functional Modern Standard Arabic for Beginners / Mahdi Alish (2nd ed.), advantageous but not compulsory.

Dale Heslin brings a deep interest in Middle Eastern and Eurasian histories and cultures, supported by knowledge of Arabic, Russian, Greek, and Hebrew. He has spent time in the region, including study at the University of Doha's summer school in Qatar.

Location: Zoom 1 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 10:00 AM - 12 noon

Tutor: Dale Heslin,

2026 French - Aventures françaises TBA 1373-1

NOTE; Closed to enrolment requests due to long waitlist.

Continuing from last year. Use of contemporary articles on French cities/towns for comprehension/vocabulary extension, conversation, and grammar revision ; listening materials for aural practice; and weekly dictée.

Students will gain ongoing development of oral, listening, writing skills and, as needed grammar revision

Students use contemporary articles to stimulate discussion in French, listening activities to develop aural skills, dialogue practice.

From time-to-time, native speakers from South of France are invited via ZOOM, outside class hours for the opportunity to practise conversation with a native speaker.

Homework is preparatory reading of article supplied prior to session.

PRIOR LEARNING

Prerequisites: Working knowledge of verb tenses, articles, adjectives, adverbs, relative pronouns, possessives, direct/indirect pronouns, disjunctive pronouns. Tutor emails weekly class lesson guide, with contemporary articles; and, listening comprehension and grammar activities as necessary.

Course Materials; French Demystified, Hard stuff made easy, Annie Heminway

Enrolment cut-off: No admission after week 2 of term 1

All students waitlisted (before and after classes start)

Angela loves languages and has studied Italian, French, German and Spanish and has extensive experience teaching adults. The opportunity to teach French at U3A, allows me to share with other Francophiles my love of the language and culture.

Location: Ross House Sue Healy Rm 2.2 247 Flinders Lane, Melbourne 3000 VIC

Dates: 30 Apr 2026 - 26 Nov 2026

Schedule: Weekly on Thursday 9:30 AM - 11:00 AM

Tutor: Angela Di Pasquale,

2026 French for Intermediate Students: A2-B1 Level TBA 1726-1

This intermediate French course builds skills in conversation, reading, grammar, writing, and phonetics using engaging materials drawn from culture, news, travel, politics, and history. Through guided activities and recommended homework, learners aim toward spontaneous social and official communication. Not suitable for beginners or advanced speakers.

All students waitlisted (before and after classes start).

A grammar text, phonetic dictionary, and verb book are recommended. Class handouts support learning; active participation is expected.

With a long term interest in French language and culture, Jim Tibballs holds a doctorate in French and has taught adults extensively. He has lived and worked in France, including as a paediatric physician, and maintains a residence there.

Location: Melbourne Men's Shed Hall Federation Square, Russell St Ext Car Park, Grd level, outside lift, Melbourne 3004 VIC

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 1:00 PM - 2:30 PM

Tutor: James Tibballs,

Co-Tutor: Courtis, Marjie Tarasuik, Annemarie

2026 French Intermediate TBA 1371-1

This French class is conducted entirely in French and welcomes learners with an effective command of grammar and familiar conversation. Participants engage in reading, writing, and discussion on diverse topics, supported by two tutors and a culture of mutual encouragement. Weekly preparation (3-4 hours) using online resources is expected, along with contributions to class materials. New members are warmly welcomed into this self-directed, collaborative learning environment.

PRIOR LEARNING

Pre-requisites: Intermediate level of French (effective command of French grammar, ability to understand clear, standard French on familiar matters, ability to talk about topics of personal and topical interest, give and discuss opinions, etc). Basic internet, computer and email skills are essential.

All students waitlisted (before and after classes start)

Tutor Margaret Peril: Margaret is a native French speaker from Mauritius. She is a retired academic and has travelled extensively in France.

Location: Greek Centre, Room 2.1 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 2 Feb 2026 - 23 Nov 2026

Schedule: Weekly on Monday 10:00 AM - 12 noon

Tutor: Margaret Peril,

Co-Tutor: Lowe, Merryn

2026 French Matters Advanced TBA 1375-1

NOTE; Enrolment requests are suspended due to over-subscription in this class.

This course is for advanced French speakers who want to refine their language skills through lively conversation. There's no formal teaching - participants take turns leading sessions and choosing topics. It's a fun, collaborative space to speak more confidently and explore a wide range of subjects en français.

All students waitlisted (before and after classes start)

Venue is in Fitzroy North.

Group Leader Elaine Batchelder: Elaine lived and worked in France for two years and also did a BA(Hons) in French.

Location: To be Advised To be advised, MELBOURNE 3000 VIC

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 10:30 AM - 12 noon

Tutor: Elaine Batchelder,

2026 French Matters Intermediate TBA 1374-1

NOTE; Enrolment requests are suspended for this class due to over-subscription.

Conducted largely in French, this inclusive, collegial course is for intermediate learners keen to speak reasonably correct French. It includes regular points of grammar, pronunciation, and vocabulary, with topics spanning French civilisation, literature, and current affairs. Class members take turns presenting sessions. A good grasp of spoken French, grammar, and vocabulary is essential. Expect lively, amusing discussions!

Occasional contribution to cover photocopying and purchase of music tracks.

All students waitlisted (before and after classes start)

Note this is a fortnightly class in Fitzroy North.

Group Leader Elaine Batchelder: Elaine has lived and worked in France for two years and completed a BA(Hons) in French.

Location: To be Advised To be advised, MELBOURNE 3000 VIC

Dates: 24 Apr 2026 - 20 Nov 2026

Schedule: Fortnightly on Friday 10:30 AM - 12 noon

Tutor: Elaine Batchelder,

2026 French Post Beginners 1730-2

This course is for students who have completed the equivalent of 2 years of U3A French (starting from Beginner level). It will include content for those wishing to travel to France as well as provide a grammar basis for those wishing to study further.

Conversation will be encouraged and practised in order to develop confidence in French. Classes are a variety of lectures, conversation practise, and presentations. Homework will be set and encouraged.

PRIOR LEARNING

Equivalent of two years of U3A French (from Beginner level)

Course Materials: Easy French Step By Step – Master High-Frequency Grammar for French Proficiency - Fast! By Myrna Bell Rochester.

Small contribution for photocopy costs is required.

All students waitlisted (before and after classes start)

Tutor Mary Dooley: Mary has taught foreign language to adults (Japanese, quite a few years ago!) and has enjoyed studying and speaking Spanish and Italian. She continues her own ongoing study of French especially phonetics.

Location: Melbourne Men's Shed Hall Federation Square, Russell St Ext Car Park, Grd level, outside lift, Melbourne 3004 VIC

Dates: 6 Feb 2026 - 27 Nov 2026

Schedule: Weekly on Friday 9:45 AM - 11:15 AM

Tutor: Mary Dooley,

2026 Gaelic for Adventurers in Languages: Beginners TBA 1722-1

This is a course for absolute beginners. Gain confidence speaking Irish in everyday situations. Focusing on basic phrases, through lectures, discussion, and practical activities, students learn to ask questions, express themselves, and grasp how the language works. Occasional homework supports progress and pronunciation practice between classes is encouraged.

No prior knowledge of Gaelic is required, however, previous exposure to the language is welcome. All students waitlisted (before and after classes start) to check proficiency.

No admission after the second session.

Students are asked to download dictionary Teanglann.ie both onto their phones and computers. The text Buntús Cainte is used in class.

Tutor Deirdre Gillespie: Irish-born Deirdre has taught the Irish language across Australia for over 35 years. She shares its living spirit with learners who love language or feel a connection to Ireland, creating joyful, meaningful experiences through words and culture.

Location: Greek Centre, Room 2.1 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 12 noon - 1:00 PM

Tutor: Deirdre Gillespie,

2026 Gaelic for Adventurers in Languages! 1723-2

This course helps students build confidence using Irish in everyday conversation. Through lectures, group Q&A, reading, and discussion, participants will gain basic phrases and a deeper understanding of the language. Prior knowledge is essential. Occasional homework will be set by the teacher. Students are encouraged to actively participate and practise speaking in a supportive, interactive environments.

PRIOR LEARNING

Prior knowledge of the language is essential.

Download Irish Dictionary - Teanglann.ie

Short Stories in Irish for beginners by Olly Richards

All students waitlisted (only after classes started)

Tutor Deirdre Gillespie: Irish-born Deirdre has taught the Irish language across Australia for over 35 years. She shares its living spirit with learners who love language or feel a connection to Ireland, creating joyful, meaningful experiences through words and culture.

Location: Greek Centre, Room 2.1 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 1:30 PM - 2:30 PM

Tutor: Deirdre Gillespie,

2026 German 1: Beginners TBA 564-1

You will learn to use German in everyday life. We will use the textbook with some supplementary materials, practicing all macro skills: listening, reading, speaking, and writing, with formal grammar progression. Topics to be covered include greetings and introductions, leisure-time activities, family, travel, expressing eating preferences, and talking about past experiences. The course is intended for absolute beginners or for those with very limited exposure to the language.

The course uses textbooks with associated audio to introduce new language structures, which are practiced in class in pairs and small groups.

Students receive a weekly email outlining the exercises to be undertaken as homework. Typically, these exercises practice what has been discussed in class.

PRIOR LEARNING

No prior knowledge of the language is assumed.

Course Materials: Menschen A1.1 Kursbuch (course book) and audio download ISBN 9783193619013 \$34.36 from Intext recommended retailer. Plus Menschen A1.1 Arbeitsbuch (work book) & CD audio. ISBN: 9783193119018. \$31.96 from Intext bookshop. Note that the Menschen text books come in various versions. The version we use is not the whole of Menschen A1, just the first half A1.1. We will progress to A1.2 the following year. Access to a printer is an advantage as occasionally extra worksheets are sent to students in the homework email.

All students waitlisted (before and after classes start)

As a former German teacher with a deep passion for the language, Marcus enjoys helping others discover its richness and rhythm and advance their skills.

Location: Greek Centre, Room 2.2 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 2 Feb 2026 - 23 Nov 2026

Schedule: Weekly on Monday 10:00 AM - 11:30 AM

Tutor: Marcus Wearne,

2026 German 5 Hören Lesen Sprechen TBA 1729-1

This upper-intermediate German course uses freely available online resources including “Nicos Weg” (A2–B1), “Easy German,” and short readers. It focuses on expanding vocabulary, improving spoken and aural skills, and building confidence with grammar and everyday phrases. Classes are interactive, partner work and/or group discussion is used to practice new grammar and vocabulary. An email is sent out each week outlining the required homework. This can include self-paced online exercises or writing short paragraphs that are sent to the tutor to obtain feedback.

Students need to obtain “Intermediate German Short Stories” by Lingo Mastery (ISBN 1082069418 Available through Intext Bookshop or amazon.com.au Approx. \$25).

Anyone who has had some exposure to German in the past (e.g., 4 years at high school or 4 years at U3A) is welcome to apply.

All students waitlisted (before and after classes start)

As a former German teacher with a deep passion for the language, Marcus enjoys helping others discover its richness and rhythm and advance their skills.

Location: Greek Centre, Room 2.1 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 5 Feb 2026 - 26 Nov 2026

Schedule: Weekly on Thursday 1:30 PM - 3:00 PM

Tutor: Marcus Wearne,

2026 German Level 3 - Post Beginners Advanced TBA 1706-1

You will learn to use German in everyday life. Topics to be covered include directions around town, living conditions, resolving problems, working life, healthy living, expressing preferences and celebrations.

Practice all macro skills: listening, reading, speaking, writing, and viewing, with formal grammar progression.

We will use the textbook with some supplementary materials; face-to-face lessons, and regular practice for homework.

PRIOR LEARNING

This course continues from 2025. Prerequisites: Two years of U3A German or prior, equivalent learning of German. Newcomers are welcome, but only with prior learning. You will be sent an email with more details during the enrolment process.

Andrew is a very experienced teacher of German who has worked with students of all ages. He is passionate about the languages and cultures of German-speaking regions and cultures.

Location: Multicultural Hub Green Room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 5 Feb 2026 - 26 Nov 2026

Schedule: Weekly on Thursday 10:00 AM - 11:30 AM

Tutor: Andrew Ferguson,

2026 German Level 5 – Upper Intermediate TBA 1707-2

You will learn to use German for everyday purposes through interactive and engaging activities. Topics to be covered include media, accommodation, plans for travel, leisure preferences, dealing with local authorities, reporting on experiences, work preferences and daily routine. You will practise all macro skills: listening, reading, viewing, speaking and writing, with formal grammar progression. You will also learn about the fascinating languages and cultures of German-speaking regions.

Practice in all macro skills: listening, reading, speaking, writing, and viewing, with formal grammar progression.

We will use the textbook with some supplementary materials; face-to-face lessons and regular practise for homework.

PRIOR LEARNING

Four years of U3A German or prior, equivalent learning of German. Newcomers are welcome, but only with prior learning. You will be sent an email with more details during the enrolment process.

PARTICIPANT MATERIALS

'Menschen 2/A2', available as the full text and workbook – see details below – or broken into two sub-levels (A2.1 & A2.2) Menschen 2/A2 Kursbuch & audio download (Evans et al) ISBN: 978-3-19-211902-6 Menschen 2/A2 Arbeitsbuch & CDs (Evans et al) ISBN: 978-3-19-111902-7

All students waitlisted (before and after classes start)

Andrew is a very experienced teacher of German who has worked with students of all ages. He is passionate about the fascinating languages and cultures of German-speaking regions, which have engaged him personally and professionally most of his life

Location: Multicultural Hub Green Room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 5 Feb 2026 - 26 Nov 2026

Schedule: Weekly on Thursday 12 noon - 1:30 PM

Tutor: Andrew Ferguson,

2026 German Level 6 Advanced Conversation F-t-F & ZOOM 362-1

This course supports those wishing to maintain familiarity with the German language through discussion of literature, poetry, and topical issues. Students attend via Zoom or in person, engaging with audio-visual materials and each other. Participation is encouraged to reinforce language skills and explore diverse perspectives. Prior competence in German conversation and reading is expected; no formal homework is assigned.

Prerequisites: Competent German conversation and reading skills.

Tutor Jack Foks: Since 2012, Jack's technology skills, good humour, and considerable teaching expertise have opened new doors for German language study and connectedness at U3A Melbourne City. Jack says, "The classes test participants', as well as my own language skills, and provide enjoyment, interest and companionship."

Location: Greek Centre, Room 2.2 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 6 Feb 2026 - 27 Nov 2026

Schedule: Weekly on Friday 10:00 AM - 11:30 AM

Tutor: Jack Foks,

2026 German Level 6 Lower Advanced ZOOM TBA 1202-1

This course offers Grammatik, Landeskunde und Diskussion and is designed to enhance the German language skills of intermediate to fairly advanced learners in a relaxed environment. It primarily uses the Menschen B1.1 course books but is supplemented by readers (Lernkrimis) and material from online sources such as Deutsche Welle - Video Themen. While we address new language structures the focus will be on expressing yourself in everyday situations, expanding your vocabulary and noticing cultural topics along the way. We discuss topics such as what is your passion, housing, invitations, the future, your health etc and get to know German cities and Landeskunde.

This is an interactive Zoom class. Students will practice more complex grammar and language structures such as subordinating conjunctions, different tenses, the subjunctive, and the Genitive case. They will be exposed to various aspects of modern German life and be able to read more advanced texts.

A homework email is sent out each week outlining the homework. This is usually an opportunity to practice what has been discussed in class to prepare short written material.

PRIOR LEARNING

Completion of 4-5 years of German at high school and/or U3A. New students are welcome to apply and will be given a short test to gauge their suitability.

Course Materials: Menschen hier B1.1 Paket: contains both the Kursbuch Menschen und the Arbeitsbuch Menschen hier. Currently \$70.11 from Amazon.com.au. We will discuss which reader to obtain, usually less than \$10

All students waitlisted (before and after classes start)

As a former German teacher with a deep passion for the language, Marcus enjoys helping others discover its richness and rhythm and advance their skills.

Location: Zoom 2 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 10:00 AM - 11:30 AM

Tutor: Marcus Wearne,

2026 Italian - Advanced TBA 1010-1

This advanced Italian course is designed for students seeking to revise and consolidate their language skills, with a focus on speaking more accurately. Conducted mainly in Italian, the class is peer-led, with members preparing and presenting sessions based on weekly homework and the required text Nuovo Magari C1/C2 Alma Edition. A sound knowledge of Italian is essential, as is the ability to lead and participate in discussions. Grammar explanations, related oral and written exercises, conversations, and homework reinforce and enable the correct language use.

Textbook: Nuovo Magari C1/C2 Alma Edition and other literature and articles to be advised.

All students waitlisted (before and after classes start)

No admission after the third session.

Tutor Kate Rhodes: Kate loves the Italian language, nurtured over many years of study and enriched by close friendships in Italy, where she tries to visit often.

Location: Kathleen Syme Library & Community Centre Multi-Purpose Room 1 249 Faraday Street, Carlton 3053 VIC

Dates: 3 Feb 2026 - 24 Nov 2026

Schedule: Weekly on Tuesday 1:30 PM - 3:30 PM

Tutor: Kate Rhodes,

Co-Tutor: Criddle, Sandra

2026 Italian Intermediate AM Class TBA 1733-1

Build on your basic Italian with this intermediate course. Through speaking, listening, and reading activities, you'll deepen your understanding of grammar, idioms, and pronunciation. Emphasis is on practical communication, using conversational language. Homework given reinforces learning.

PRIOR LEARNING: Study of around 3 years, knowledge of basic, everyday language, and the ability to converse about present, past, and future events are expected.

Arrivederci! 2 for English Speakers (Edilingua 2013), from Chapter 7. A reader, tba. Other course materials provided by photocopy/email.

All students waitlisted (before and after classes start)

Tutor Kiera Stevens: Kiera was a language teacher in secondary schools then worked in educational administration. After retirement it was a joy for her to return to teaching, especially with adults. She finds it very rewarding and a lot of fun.

Location: Greek Centre, Room 2.1 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 6 Feb 2026 - 27 Nov 2026

Schedule: Weekly on Friday 10:00 AM - 11:30 AM

Tutor: Kiera Stevens,

2026 Italian Intermediate PM Class TBA 1714-1

Build on your basic Italian with this intermediate course. Through speaking, listening, and reading activities, you'll deepen your understanding of grammar, idioms, and pronunciation. Emphasis is on practical communication, using conversational language. Homework given reinforces learning.

PRIOR LEARNING: Study of around 3 years, knowledge of basic, everyday language, and the ability to converse about present, past, and future events are expected.

Arrivederci! 2 for English Speakers (Edilingua 2013), from Chapter 7. A reader, tba. Other course materials provided by photocopy/email.

All students waitlisted (before and after classes start)

Tutor Kiera Stevens: Kiera was a language teacher in secondary schools then worked in educational administration. After retirement it was a joy for her to return to teaching, especially with adults. She finds it very rewarding and a lot of fun.

Location: Greek Centre, Room 2.1 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 6 Feb 2026 - 27 Nov 2026

Schedule: Weekly on Friday 12:30 PM - 2:00 PM

Tutor: Kiera Stevens,

2026 Italian Level 2 - Tutorial TBA 1705-1

This course offers structured practice in Italian fundamentals: nouns, verbs, adjectives, and sentence construction - gradually extending to past and future tenses. Using Easy Italian Step-by-Step by Paola Nanni-Tate, we'll review theory and practise through textbook exercises in class and as homework.

Class Prerequisite: One year of Italian language study.

All students waitlisted (only after classes start)

Textbook: Easy Italian Step-by-Step by Paola Nanni-Tate.

Participants are encouraged to use the textbook regularly between sessions.

Tutor Steve Martin: Steve has been studying Italian for two years and is committed to supporting fellow learners at a similar stage.

Location: Greek Centre, Room 2.3 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 1:30 PM - 3:00 PM

Tutor: Stephen Martin,

2026 Italian: Vorrei Parlare In Italiano ZOOM TBA 1690-1

Delivered online via Zoom, grammar and content covered will be at Italian level 3 and in consultation with the Italian level 3 U3A Melbourne City tutor. Students, including those with an Italian background, will be given the opportunity to further develop and refine their spoken Italian language skills. Topics will include speaking about oneself and others, discussing selected poetry, songs and works of art and discussing a range of articles from Melbourne's Italian newspaper 'Il Globo'.

After commencement of classes, admission with Tutor approval.

As a native Italian speaker, I have taught the language for 30 years at all levels of Australian formal education and at the Institute of Modern Languages. Encouraging and supporting people of all ages to become bilingual is always rewarding for students and an ongoing joy for this tutor.

Location: Zoom 4 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 5 Feb 2026 - 26 Nov 2026

Schedule: Weekly on Thursday 10:00 AM - 12 noon

Tutor: Rita Buzio,

2026 Japanese Conversation Practice 1741-1

Strengthen your Japanese speaking skills through immersive conversation practice in small groups or one-on-one. Each session focuses on a set topic, with vocabulary preparation encouraged beforehand. Ideal for those with basic conversational ability who want to build fluency and confidence. A topic list will be provided before each class to support preparation.

Tutor Vikki Williams lived in Japan for almost 22 years. While not fluent in Japanese, she can speak about every day topics.

Location: Multicultural Hub Yellow Room 506 Elizabeth St, Melbourne

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 1:00 PM - 2:30 PM

Tutor: Vikki Williams,

Co-Tutor: Wu, Jennifer

2026 Spanish Conversation ZOOM 1732-1

This Saturday morning Zoom delivered Spanish course is a wonderful opportunity to practice and improve your Spanish conversation skills. Role-playing exercises and other engaging online activities are designed to build confidence and fluency. A basic grasp of Spanish vocabulary is recommended. Homework will be encouraged to reinforce learning between sessions

Participants will need a stable internet connection and a computer or digital device to access Zoom and course materials.

Gloria's passion for the Spanish language and Hispanic culture is profound. She takes great pride in organizing and hosting large gatherings to celebrate the richness of Hispanic traditions. As a native Spanish speaker, her love for her language is an integral part of her identity.

Location: Zoom 1 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 7 Feb 2026 - 21 Nov 2026

Schedule: Weekly on Saturday 10:00 AM - 11:30 AM

Tutor: Gloria Madrigales,

2026 Spanish Engaging Conversation & Grammar 1708-1

Develop conversation fluency through engaging dialogues and role-playing exercises, strengthen understanding of Spanish grammar rules and sentence structure. Through multimedia integration the course will incorporate Spanish shows, news, and movies to enrich the learning experience. Students will watch clips or full episodes outside of class and participate in discussions. Engage in listening to Spanish podcasts, stay updated with news in Spanish, and practice speaking with fellow students.

PRIOR LEARNING

Level 1 U3A Spanish or equivalent.

Participant Materials

Grammar book Complete Spanish Step-By-Step by Barbara Bregstein.

Small contribution for tutor provided photocopies and an email address is essential.

Tutor Gloria Madrigales: Gloria's love for the Spanish language and Hispanic culture runs deep. As a former president of the Hispanic Society of Victoria, she was involved with Consul Generals from Latin America and Spain to organize and host large gatherings to celebrate the Hispanic culture.

Location: Greek Centre, Room 2.2/3 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 10:00 AM - 11:30 AM

Tutor: Gloria Madrigales,

2026 Spanish Mastery TBA 1712-3

This course focuses on reading comprehension and conversation to build fluency for real-world communication with native Spanish speakers anywhere. Grammar is introduced only when needed to support understanding. Participants must have completed a basic Spanish grammar course, including the verb system. Through engaging texts and lively discussion, learners strengthen confidence, expand vocabulary, and refine their ability to express themselves naturally and effectively

A little homework in the way of exercises for grammar revision is expected.

PRIOR LEARNING

Must have completed a basic course in Spanish grammar, including the verb system.

Course Materials; Read & Think SPANISH , premium fourth edition. Available online and at major book stores.

All new students waitlisted (only after classes started)

Carmen teaches Spanish to share her love of language, stay fluent, and connect with learners. Her classes foster confidence and community and help others to achieve their goals.

Location: Multicultural Hub Rehearsal Room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 10:00 AM - 11:30 AM

Tutor: Carmen Cohen,

Let's Do Cycling Groups

2026 LD Cycling NEW ZEALAND 2027 - Reg Interest ONLY 1761-1

FOR MEMBERS OF LET'S DO CYCLING GROUPS ONLY

March 14-20 2027 – Otago Rail Trail out of Queenstown, New Zealand.

Details are being developed and will be shared through your cycling leader.

At this stage if potentially interested SAVE THE DATES and watch for details coming within the next 6 weeks.

To express interest please enrol in this class in MyU3A.

Enrolment at this stage is just an expression of interest. Those expressing interest will get a regular update of details.

IGNORE DATES AND TIMES BELOW

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 27 Nov 2026

Schedule: One day only: 27 Nov 2026 9:00 AM - 3:00 PM

Tutor: Russell Huntington,

Co-Tutor: Malyaris, Jill

2026 Let's Do Cycling ENGLAND 2027 - Reg Interest ONLY 1762-1

FOR MEMBERS OF LET'S DO CYCLING GROUPS ONLY

September – 13-24 2027 – Cotswolds/London or Yorkshire, UK.

Details are being developed and will be shared through your cycling leader.

At this stage if potentially interested SAVE THE DATES and watch for details coming within the next 6 weeks.

To express interest please enrol in this class in MyU3A.

Enrolment at this stage is just an expression of interest. Those expressing interest will get a regular update of details.

IGNORE DATES AND TIMES BELOW

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 27 Nov 2026

Schedule: One day only: 27 Nov 2026 9:00 AM - 3:00 PM

Tutor: Russell Huntington,

2026 Let's Do Cycling GREECE 2026 - Reg Interest ONLY 1689-1

FOR MEMBERS OF LET'S DO CYCLING GROUPS ONLY

This is an opportunity to see Greece from an e-bike led by a local guide and looked after by our Wednesday cyclist Steve Georgiadis. Dates are 14 to 27 October 2026 with the option to do 8 days or 14 days. The cycling tour will pass through 11 coastal towns along the Peloponnese peninsula, starting in Kalamata and finishing in Nafplio.

To express interest please enrol in this class in MyU3A.

Enrolment at this stage is just an expression of interest. Those expressing interest will get a regular update of details.

IGNORE DATES AND TIMES BELOW

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 14 Oct 2026 - 27 Oct 2026

Schedule: One day only: 14 Oct 2026 9:00 AM - 4:00 PM

Tutor: Steve Georgiadis,

Co-Tutor: Huntington, Russell

2026 Let's Do Cycling Monday (Easy Rides) 1391-1

This is a weekly easier ride than the other groups. A reasonable level of fitness is required and a pace of slow to medium will be set. The distance of each ride will be from 15 to 25km. By using trains, we can shorten the rides and avoid the boring bits getting out of the city.

Participants need to have a bike that they are familiar with and that is well-maintained. Water bottle and MYKI essential.

The meeting place changes from week to week. Communications are sent out each week on the Friday with the details of the next ride.

We have a relaxed coffee break during or after the ride.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 2 Feb 2026 - 23 Nov 2026

Schedule: Weekly on Monday 9:30 AM - 12:30 PM

Tutor: Anne Irwin,

Co-Tutor: Mortimer, Gillian

2026 Let's Do Cycling Thursdays 1377-1

Let's Do Cycling Thursdays is a social group that rides along mostly dedicated bike paths with mainly gentle hills, and a convivial coffee stop along the way. Rides are 20-40 km and take in paths all over Melbourne. We ride at a steady pace, averaging 15-17 kph but at times 20+ kph. If you're uncertain about your riding speed, contact the group leader. Rides often involve the use of trains and starting points can vary, but most often from Fed Square.

The ride leader contacts registered riders weekly on Mondays with details of each ride.

You may only enrol in only ONE cycling group out of the Tuesday, Wednesday and Thursday options.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 5 Feb 2026 - 26 Nov 2026

Schedule: Weekly on Thursday 9:30 AM - 1:00 PM

Tutor: Liz Zylinski,

Co-Tutor: Martin, Stephen Regan, Mei

2026 Let's Do Cycling Tuesdays 1378-1

This group is run by experienced and fit cyclists. These rides require medium level fitness, doing around 30-40km round trip in 2 hours. Rides are mainly flat with one or two hill climbs to get the heart pumping.

We usually meet at Fed Square or opposite Hamer Hall. A coffee stop is always included.

The convenor contacts registered members directly via WhatsApp on your phone with details.

You may only enrol in only ONE cycling group out of the Tuesday, Wednesday and Thursday options.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 3 Feb 2026 - 24 Nov 2026

Schedule: Weekly on Tuesday 9:30 AM - 12:30 PM

Tutor: Paul Wilkinson,

Co-Tutor: Head, Neil Saliba, Ferdinand

2026 Let's Do Cycling Wednesdays 1379-1

Wednesday Cycling offers two options per week. Option Blue is moderate speed over about 30-35km. Option Yellow is somewhat faster over 35-40km. The lead cyclists for each group varies per week, drawn from a group of 7 leaders.

Members advise they are taking part in a given week and specify which group by using the messaging service Signal.

Moderate fitness and cycling experience is required. Members may use E or pedal bikes.

You may only enrol in only ONE cycling group out of the Tuesday, Wednesday and Thursday options.

Leaders: Russell Huntington, David de Crespigny, Steve Georgiadis, Giff Gifford, Peter Lawson, David Feith, Jill Malyaris

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 4 Feb 2026 - 27 Jan 2027

Schedule: Weekly on Wednesday 9:00 AM - 1:00 PM

Tutor: Russell Huntington,

Co-Tutor: de Crespigny, David Feith, David Georgiadis, Steve Gifford, Giff Lawson, Peter Malyaris, Jill

Let's Do Galleries

2026 Discovering the Impressionists - 17th Sep 1812-1

Restricted to Let's Do Galleries and Museums members ONLY

Discovering the Impressionists: Paul Durand-Ruel, Art Dealer Among the Artists, the most ambitious international exhibition in the Gallery's history and includes works by Monet, Renoir, Berthe Morisot, and Camille Pissarro and the generation of painters who followed them including Albert André, Georges d'Espagnat, Gustave Loiseau, Maxime Maufra and Henry Moret.

Train travel: Meet on the platform in time for the 8:50am Geelong train from Southern Cross Station.

Event Venue: Geelong Gallery

55 Little Malop Street

Geelong

Date: Thursday, September 17th

Time of tour: 10:20am.

Tour duration: 1 hour

Return trains are from 12:55pm & every 20 mins

Cost: \$25:00 which includes an introduction by a Gallery staff member.

BOOK THROUGH TRYBOOKING ONLY <https://www.trybooking.com/DNEER>

NOTE: Bookings CLOSE on Thursday, August 20th at 5:00pm sharp.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 17 Sep 2026

Schedule: One day only: 17 Sep 2026 10:15 AM - 11:30 AM

Tutor: Kathy Dale,

Co-Tutor: Adams, John

2026 Let's Do Galleries, Museums etc. 624-1

This group is for those who have an interest in exploring Melbourne's heritage and contemporary art spaces. It usually meets on a Thursday each month but occasionally on other weekdays as well.

Meeting for a coffee or a meal after the event is usually left to each member's discretion, but venue suggestions are often provided, particularly for regional visits.

NOTE: Let's Do Galleries runs for the full year and the Convenor will notify the group by monthly email about dates for upcoming planned visits.

Please ignore dates below.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 19 Feb 2026 - 19 Nov 2026

Schedule: Monthly, third Thursday 10:00 AM - 2:00 PM

Tutor: Kathy Dale,

Co-Tutor: Adams, John Alvin, Jennifer Wyatt, Margaret

2026 Post Impressionists Lunch Tutti Cafe - 17th Sep 1813-1

Restricted to Let's Do Galleries and Museums members ONLY

There are many options for lunch in Geelong but if you wish you can join us for lunch at Tutti Cafe after the Gallery visit.

Tutti is across the road from the Gallery.

Venue: Tutti Cafe

81 Ryrie St

Geelong

Date: Thursday, September 17th

Time: 12.30pm - 2:00pm

Numbers will be limited so book early.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 17 Sep 2026

Schedule: One day only: 17 Sep 2026 12:30 PM - 2:00 PM

Tutor: Kathy Dale,

Let's Do Groups Other

2026 Let's Do 2nd Sunday Pub Lunch 1446-1

This group will meet on the second Sunday of the month at 12.30 pm for an informal lunch at a pub in various locations in or around the CBD. Members will be notified of the location 10-12 days prior and will pay for their lunch individually. An RSVP is essential.

There is a strict limit of 22 members per lunch as most pubs do not accept larger bookings. Members will be accepted by RSVP on first in basis after notification of the venue. You will be notified of your booking status.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 8 Feb 2026 - 10 Jan 2027

Schedule: Monthly, second Sunday 12:30 PM - 2:30 PM

Tutor: Catherine McKenzie,

Co-Tutor: Lomas, Pauline Price, Sally

2026 Let's Do 4th Sunday Pub Lunch 1479-1

This group will meet on the fourth Sunday of the month at 12.30 pm for an informal lunch at a pub in various locations in or around the CBD. Members will be notified of the location 10-12 days prior and will pay for their lunch individually. An RSVP is essential.

There is a strict limit of 22 members per lunch as most pubs do not accept larger bookings. Members will be accepted by RSVP on first in basis after notification of the venue. You will be notified of your booking status.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 22 Feb 2026 - 22 Nov 2026

Schedule: Monthly, fourth Sunday 12:30 PM - 2:30 PM

Tutor: Di Baker,

Co-Tutor: Wyatt, Margaret

2026 Let's Do Lawn Bowls Tuesday 1485-1

This informal group meets each Tuesday to learn, practice and play impromptu games.

Equipment and coaching are available. No previous experience is required.

The venue is the Fitzroy Victoria Bowls Club, Brunswick St. Fitzroy.

Rink hire is \$10 per person per day.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 3 Feb 2026 - 24 Nov 2026

Schedule: Weekly on Tuesday 2:00 PM - 3:30 PM

Tutor: Reg Martin,

2026 Let's Do Lawn Bowls Wednesday 1384-1

This informal group meets each Wednesday to learn, practice and play impromptu games.

Equipment and coaching are available. No previous experience is required.

The venue is the Fitzroy Victoria Bowls Club, Brunswick St. Fitzroy.

Rink hire is \$10 per person per day.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 1:30 PM - 3:00 PM

Tutor: Reg Martin,

2026 Let's Do Movies Friday at Como 1638-1

Let's Do Movies Friday at Como is a social group for people who love good, thought-provoking art-house films and discussing them afterwards over a beverage/snack purchased from the cafe/bar during happy hour.

We meet weekly on Friday afternoons throughout the year. The starting time will vary, depending on the movies and session times scheduled. The movie, or a choice of two, will have been decided in advance and emailed via the group leaders on the Monday prior. Participants are responsible for purchasing their own tickets either online or at the cinema. Discounts are available to those who have joined the Palace Movie Club.

All sessions will be at the Como Cinema, The Como Centre, Level 1/299 Toorak Road, South Yarra (accessible by both train and tram).

Attendance is not expected every week, but regular attendance will make the experience more enjoyable for everyone.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 6 Feb 2026 - 27 Nov 2026

Schedule: Weekly on Friday 2:00 PM - 6:00 PM

Tutor: Rosemary Taylor,

Co-Tutor: Wilson, George

2026 Let's Do Movies Friday at Kino 1472-1

Let's Do Movies on Friday is a social group for Art-house film lovers who like discussing films in a relaxed environment. We meet Friday afternoon at Kino cinema; time is dependent on cinema scheduling (details are emailed to you weekly, usually on a Tuesday). Kino has a cafe/bar and we discuss the movie afterwards while enjoying a beverage/snack. Since this group is popular, you need to attend a minimum three times per term to retain your place.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 6 Feb 2026 - 27 Nov 2026

Schedule: Weekly on Friday 2:00 PM - 6:00 PM

Tutor: Katherine Wilson,

Co-Tutor: Lomas, Pauline

2026 Let's Do Movies Sunday at Kino 1483-1

Let's Do Movies Sunday 2026 is a social group for people who love good, thought-provoking films and discussing them, usually over a drink after the movie.

We meet weekly on Sunday afternoons. Time will vary, depending on the movies and session available.

All sessions will be at Kino Cinema, 45 Collins St, Melbourne. The Kino has a bar, where we can buy refreshments (optional) after the screening and sit to discuss the film.

Attendance is not expected every week, but as this is a social group, regular attendance will make the experience more enjoyable for everyone.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 8 Feb 2026 - 24 Jan 2027

Schedule: Weekly on Sunday 3:00 PM - 5:00 PM

Tutor: Margaret Styles,

Co-Tutor: Magor, Toni

2026 Let's Do Movies Thursday at Kino 1630-1

Let's Do Movies at Kino Thursday is a social group for film lovers who like discussing films in a relaxed environment. We will meet Thursday afternoon at Kino cinema at Collins Place.

Actual meeting time is dependent on cinema scheduling. Details are emailed to you weekly on Tuesdays.

Kino has a cafe/bar and we discuss the movie afterwards while enjoying a beverage/snack.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 5 Feb 2026 - 28 Jan 2027

Schedule: Weekly on Thursday 2:00 PM - 5:00 PM

Tutor: Kathie Adams,

2026 Let's Do Movies Tuesday at Como 616-1

Let's do Movies Tuesday at Como is a social group for people who enjoy quality movies and great conversation.

You attend only when it suits, but PLEASE wait until you receive the WEEKLY BULLETIN, which is sent out by email on Wednesdays, before coming along for the first time, as the arrangements vary each week. We meet every Tuesday at the Como Cinema, South Yarra.

Lunch/coffee is either before or after the movie, always at the Splash Cafe in the Como Centre.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 3 Feb 2026 - 19 Jan 2027

Schedule: Weekly on Tuesday 10:00 AM - 3:00 PM

Tutor: Jan Norman,

Co-Tutor: Carter, Sharon

2026 Let's Do National Theatre Live 1145-1

This group meets on Wednesdays approximately monthly at the Sun Theatre, Yarraville, to watch National Theatre Live, transmissions of performances from London's National Theatre and other UK theatre companies.

Members meet in the theatre foyer at 10:15 am for a 10:30 am start. After each screening members are invited to visit a local café for tea/coffee, etc. Members are responsible for organising their own tickets.

Wednesday 13th May- "All My Sons"

Wednesday 10th June – "The Audience"

Wednesday 1st of July – "Playboy of the Western World"

Wednesday 29th July- "Les Liaisons Dangereuses"

NOTE 1; Dates for each session to be advised by the Convenor via email.

NOTE 2: The scheduled dates in this description are placeholders only. Please Ignore.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 1 Jul 2026 - 2 Dec 2026

Schedule: Monthly, first Wednesday 10:30 AM - 2:00 PM

Tutor: Nick Trehwella,

Co-Tutor: Adams, John

2026 Let's Do Opera on Screen 1113-1

This group meets on Wednesdays approximately monthly at the Sun Theatre, Yarraville, to watch high-definition transmissions of live performances from New York City's Metropolitan Opera. All screenings are subtitled, synopses are

available and the interval features provide a greater insight into each opera and the artists involved. Each screening lasts at least three hours.

Members meet in the theatre foyer at 10:15 am for a 10:30 am start. After each screening members are invited to visit a local café for tea/coffee, etc. Members are responsible for organising their own tickets.

2026 currently scheduled performances are:

21st January - Andrea Chenier

11th February - I Puritani

15th April - Tristan und Isolde

27th May - Eugene Onegin

24th June - El Ultimo Sueno di Frida y Diego

8th July - Lohengrin

5th August - Carmen

Details will be provided prior to each performance.

NOTE: The dates given in this description are placeholders only. Please ignore

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 5 Aug 2026 - 2 Dec 2026

Schedule: Monthly, first Wednesday 10:30 AM - 2:00 PM

Tutor: Nick Trehwella,

Co-Tutor: Adams, John

2026 Let's Do Park Soccer 1758-1

This group leisurely kicks around a soccer ball at 9.30am every 2nd and 4th Tuesday in the lovely surrounds of Edinburgh Gardens in North Fitzroy. Occasionally, someone even scores a goal. We have a whole lot of fun and welcome first time players and old time champions alike.

The venue is the Alfred Crescent Oval on the east side of the gardens.

Register through MyU3A. There is no charge to play, but you're welcome to bring some half time fruit to share.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 10 Mar 2026 - 24 Nov 2026

Schedule: Monthly, second, fourth Tuesday 9:30 AM - 11:00 AM

Tutor: Mark Close,

Co-Tutor: Georgiadis, Steve

2026 Let's Do Photography Monday 1421-1

Participants will meet fortnightly to take photographs in the city and occasionally beyond - mostly outdoors. Each session is organised loosely around a theme or subject, such as black & white, architecture, bokeh, framing etc.

Participants will be encouraged to share their photos and support each other with techniques and ideas. It's all about sharing (including over coffee)!

All levels of photographers - from beginners to advanced - and cameras - from smartphones to DSLRs - are welcome.

Group enrolment has a limit of 25 people, however a maximum of 15 people may attend each session.

NOTE: meeting time, duration of session and location to be advised by the Convenor by email, usually on the Thursday before the next session.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 20 Jul 2026 - 23 Nov 2026

Schedule: Fortnightly on Monday 9:30 AM - 12 noon

Tutor: Graeme Lane,

Co-Tutor: Trainor, Gerardine

2026 Let's Do Photography Tuesday 1728-1

Participants will meet fortnightly to take photographs in the city and occasionally beyond - mostly outdoors. Each session is organised loosely around a theme or subject, such as black & white, architecture, bokeh, framing etc.

Participants will be encouraged to share their photos and support each other with techniques and ideas. It's all about sharing (including over coffee)!

All levels of photographers - from beginners to advanced - and cameras - from smartphones to DSLRs - are welcome.

Group enrolment has a limit of 25 people, however a maximum of 15 people may attend each session.

NOTE: meeting time, duration of session and location to be advised by the Convenor by email.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 14 Jul 2026 - 12 Jan 2027

Schedule: Fortnightly on Tuesday 9:30 AM - 12 noon

Tutor: Hui-Chang Wang,

Co-Tutor: Lawson, Peter

2026 Let's Do Pickleball Friday 1671-1

Pickle Ball is a cross between tennis and table tennis but played on a badminton sized court. It is played with a hard bat (paddle) and a soft ball over a net.

Weekly sessions will meet each Friday at 9:30am. No experience is necessary, but you should have the ability to move fairly freely and hit a ball.

The venue is: Pickle Ball Victoria, 29 White Street, South Melbourne

The course will be a "pay as you go" activity costing members \$10 to play and \$5 for paddle hire.

Members need to register for this group and receive an enrolment confirmation email before turning up at a session.

Please note that there is also a Monday group and a Thursday group.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 6 Feb 2026 - 27 Nov 2026

Schedule: Weekly on Friday 9:00 AM - 10:30 AM

Tutor: Toni Magor,

2026 Let's Do Pickleball Monday 1535-1

Pickleball is a cross between tennis and table tennis but played on a badminton sized court. It is played with a hard bat (paddle) and a soft ball over a net.

Weekly sessions will meet each Monday at 9:00am. No experience is necessary, but you should have the ability to move fairly freely and hit a ball. Previous experience playing tennis is an advantage.

The venue is: Pickleball Victoria, 29 White Street, South Melbourne

The course will be a "pay as you go" activity costing members \$10 to play and \$5 for paddle hire. One introductory session is available by tutors, if needed.

Members need to register for this group and receive an enrolment confirmation email before turning up at a session. Please note, there is also a Thursday group and a Friday group.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 2 Feb 2026 - 25 Jan 2027

Schedule: Weekly on Monday 9:00 AM - 10:00 AM

Tutor: Steve Georgiadis,

Co-Tutor: Lewis, Jennifer Zairis, Emmanuel

2026 Let's Do Pickleball Thursday 1759-1

Pickleball is a cross between tennis and table tennis but played on a badminton sized court. It is played with a hard bat (paddle) and a soft ball over a net.

Weekly sessions will meet each Thursday at 9:30am. No experience is necessary, but you should have the ability to move fairly freely and hit a ball. Previous experience playing tennis is an advantage.

The venue is: Pickleball Victoria, 29 White Street, South Melbourne

The course will be a "pay as you go" activity costing members \$10 to play and \$5 for paddle hire. One introductory session is available by tutors, if needed.

Members need to register for this group and receive an enrolment confirmation email before turning up at a session. Please note, there is also a Monday and a Friday group.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 19 Feb 2026 - 26 Nov 2026

Schedule: Weekly on Thursday 9:30 AM - 10:30 AM

Tutor: Keith Herdman,

Co-Tutor: Georgiadis, Steve Spencer, Rosemary

2026 Let's Do Theatre 1188-1

This group is for people who enjoy live theatre. We will attend a variety of afternoon/early evening performances in various locations, and will meet in the theatre foyer prior to the show.

Following the performance we generally go for a drink somewhere nearby.

Shows are organised approximately monthly, Saturday OR Sunday matinees and an email will be sent out well in advance. Please ignore dates below.

Members are responsible for purchasing their own tickets.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 18 Jul 2026 - 21 Nov 2026

Schedule: Monthly, third Saturday 2:00 PM - 5:00 PM

Tutor: Liana Claudia,

2026 Let's Do Weekends 1187-1

Let's Do Weekends meets generally on first Saturday or Sunday of the month. Types of activities may include trips to the country or places of interest within Melbourne, all accessible by public transport.

Most activities involve a stop for lunch and time to explore the area. Participants will be advised of actual dates for outings by email in advance in order for members to register. For some outings numbers are restricted due to the type of event.

Members are expected to attend at least one event by the end of Term 2.

Please ignore dates below.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 1 Feb 2026 - 4 Oct 2026

Schedule: Monthly, first Sunday 10:00 AM - 4:00 PM

Tutor: Liz Devine,

Co-Tutor: Marcon, Dina

Let's Do Walking Groups

2026 Let's Do All Day Excursions 1220-1

The All Day Excursions are conducted once a month, on the third Tuesday of the month.

We explore different suburban and regional areas. Transport is by public means, generally meeting at about 9am at a suburban railway station or Southern Cross with a return to Central Melbourne around 4pm.

All Day Excursions involve coffee breaks, walking at a good pace for distances up to about 10km, exploring areas of historical and/or botanical interest with lunch at a café/restaurant.

Enrolments will be capped at 70 people. Those enrolled in the group will receive a monthly notice of excursion details and will need to register for each excursion, preferably by email. Numbers for each excursion will be capped at 25 people and the first 25 to register will be accepted for the excursion. People will receive an email response only if registrations exceed 25.

There is a particular booking method we ask you to use. For each excursion you will receive a notice two Sundays prior to the Tuesday excursion. This means you will receive the email 9 days beforehand. You will need to book preferably by email.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 17 Feb 2026 - 19 Jan 2027

Schedule: Monthly, third Tuesday 9:00 AM - 4:00 PM

Tutor: Graham Ellis,

Co-Tutor: Adams, John Winkels, Tatiana

2026 Let's Do Longer Walks 1429-1

We meet on the second Wednesday of the month at a suburban railway station with the walks starting at 10:30am. We will walk approximately 10-12km at a fast pace using footpaths or walking tracks. Journeys include the Capital City, Merri Creek and Darebin trails.

At the finish of the walk, approximately 1pm, we can have lunch in a cafe, BYO lunch in a park, or alternatively, a coffee break during the walk.

NOTE: Please enrol in no more than two walking groups. This group counts as 1 of the 2 walking groups you can enrol in.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 11 Feb 2026 - 13 Jan 2027

Schedule: Monthly, second Wednesday 9:30 AM - 1:00 PM

Tutor: Silvia Grande,

2026 Let's Do Shorter Walks Tuesday 1734-1

This group meets at Federation Square on the steps by the gum tree at 10 am each Tuesday.

It is aimed at those who cannot manage the longer Tuesday walks.

We will walk at a moderate pace for 3-4km and then stop for coffee. There will always be public transport back to the city at this point. We will sometimes catch a tram or a train to be able to experience places outside the CBD, but the length of the walk will be the same.

We walk in all weathers, including school holidays and Cup Day, except for two weeks over the Christmas/New Year period.

Members will receive a weekly email outlining the next walk. You will need to put in an apology in if you can't attend.

NOTE: Please enrol in no more than two walking groups including only ONE Tuesday group. This group counts as 1 of the 2 walking groups you can enrol in.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 3 Feb 2026 - 26 Jan 2027

Schedule: Weekly on Tuesday 10:00 AM - 12 noon

Tutor: May van Olphen,

Co-Tutor: Adams, John Ellis, Graham

2026 Let's Do Walks Fridays 1380-1

Friday walks start from the Taxi Kitchen in Federation Square at 10:00. We sometimes take public transport to our start point, so you will need a valid Myki card. We walk for one and a half to two hours at a brisk pace with a mix of areas and terrains.

Walks take place fortnightly and generally go ahead in all weathers.

NOTE: Please enrol in no more than two walking groups.

The first walk in 2026 will be on 6th February and then fortnightly.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 24 Apr 2026 - 20 Nov 2026

Schedule: Fortnightly on Friday 10:00 AM - 12 noon

Tutor: Jane Tulloch,

2026 Let's Do Walks Tuesday Federation Square 1381-1

The Fed Square walking group meets outside Taxi Kitchen each Tuesday, ready to head off at 10.00am (unless notified by the leader). We aim to walk 6 to 8 kms each time and a medium level of fitness is required.

We walk no matter what the weather and during school holidays (except January) Our walks take us to different destinations often along river and creek paths, as well as nearby suburbs. Public transport is often used getting us to or from a destination.

There is always a coffee stop either in the middle or at the end of the walk. The walks usually finish by 12.30 and near public transport, this allows participants to get back to the City.

Members will receive a weekly email, usually Sunday, outlining the walk on Tuesday. You will need to put in an apology in if you can't attend.

NOTE: Please enrol in no more than two walking groups including only ONE Tuesday group. This group counts as 1 of the 2 walking groups you can enrol in.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 3 Feb 2026 - 19 Jan 2027

Schedule: Weekly on Tuesday 10:00 AM - 12:30 PM

Tutor: Margaret Wyatt,

Co-Tutor: Dargan, Brian

2026 Let's Do Walks Tuesday Hamer Hall 1430-1

This group meets outside of Hamer Hall at 10am each Tuesday unless otherwise advised. Duration of the walks are around two hours plus a coffee stop and are in the range of 6-9KM at a medium to fast pace.

Sometimes we use public transport which will add to the total time. We walk in all weathers, but only during official U3A terms.

Fitness level - medium level of fitness required for walks up to 9km on sometimes hilly and uneven surfaces.

An email from the convenor is sent out each Saturday or Sunday regarding the next walk.

NOTE: Please enrol in no more than two walking groups including only ONE Tuesday walking group. This group counts as 1 of the 2 walking groups you can enrol in.

Location: As Noted As noted, MELBOURNE 3000 VIC

Dates: 3 Feb 2026 - 24 Nov 2026

Schedule: Weekly on Tuesday 10:00 AM - 1:00 PM

Tutor: David Brook,

Co-Tutor: Bright, Lesley Gales, Richard

Mahjong

2026 Mahjong - Chinese 1486-1

Mahjong's blend of strategy, memory, pattern recognition, and social interaction makes it a quiet champion for cognitive health as we age.

This course introduces the rules, scoring, and strategies of Chinese mahjong in a relaxed, social setting. You'll be guided through the game's intricacies while enjoying hands-on play. Whether you're new or returning to the tiles, it's a great way to sharpen your mind and connect with others.

Homework; Read your notes!

Course Materials; Handouts. Instructions on how to play the game.

Ann Ng once saw mahjong purely as gambling, but later in life realised its value as a powerful tool for mental agility .

Location: Ross House Sue Healy Rm 2.2 247 Flinders Lane, Melbourne 3000 VIC

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 1:00 PM - 4:00 PM

Tutor: Ann Ng,

2026 Mahjong For Experienced Players (Friday) 366-1

This course is for experienced players to further develop their Mahjong skills while playing the game.

Prerequisites: A working knowledge of the game and some prior experience is required.

Class Materials: The Mahjong Players Companion, listing games.

NOTE; Classes begin Friday Jan. 16th before the normal start of Term 1

Group Leader Penny Osawa: Penny joined a Mahjong class when she first retired and has now volunteered to lead the group.

Location: Ross House Sue Healy Rm 2.2 247 Flinders Lane, Melbourne 3000 VIC

Dates: 6 Feb 2026 - 27 Nov 2026

Schedule: Weekly on Friday 1:00 PM - 4:00 PM

Tutor: Penelope Osawa,

2026 Mahjong Tuesday TBA 337-1

This year-long Mahjong course uses the Western version to teach new hands, rules, and scoring. Beginners are welcome in Terms 1 and 2 and can expect to play confidently by year's end, while continuing players build on prior knowledge. Played in groups of 3–4, Mahjong offers mental stimulation, social connection, and plenty of enjoyable games each session.

PARTICIPANT MATERIALS

Robertson, M.: The Game of Mahjong RRP \$18

Thompson & Maloney: The Mahjong Player's Companion RRP \$21

From Term 3 all new students will be waitlisted pending approval for mid-year enrolment.

Tutor Julie Mills: Julie learnt to play Mahjong (Chinese version) whilst living as an expat in three different countries for over six years.

Location: Ross House Sue Healy Rm 2.2 247 Flinders Lane, Melbourne 3000 VIC

Dates: 3 Feb 2026 - 24 Nov 2026

Schedule: Weekly on Tuesday 9:45 AM - 12:45 PM

Tutor: Julie Mills,

2026 Mahjong Wednesday TBA 603-1

This course helps players improve their Mahjong skills in table groups of four. Preference is given to those with some experience, though up to two beginners may be accommodated in Term 1. Assistance is available to support learning.

Class Materials: Mahjong Players Companion by Thompson & Maloney, and The Game of Mah Jong by M. Robertson.

Reviewing the games in these texts is highly recommended.

All students waitlisted (before and after classes start)

Co-Tutors Fran Sciarretta, Debra Law, and Kerrie Spinks bring over 20 years of combined Mahjong experience. Their shared passion and teamwork ensure the smooth, enjoyable running of this friendly and engaging class.

Location: Ross House Sue Healy Rm 2.2 247 Flinders Lane, Melbourne 3000 VIC

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 10:00 AM - 1:00 PM

Tutor: Fran Sciarretta,

Co-Tutor: Law, Deborah

Music

2026 Beginner's Ukulele TBA 1499-1

Semester 2 Course

This course is great for anyone who has never played a musical instrument before. You will learn how to hold and tune the ukulele, use simple strumming patterns and learn the basic chords necessary to play numerous songs with the ukulele.

NOTE; Classrooms are on the 1st floor via stairs, no lift.

No admission after the first class unless the student has some previous ukulele experience.

Participants need to bring their own ukulele and electronic tuner and be able to print music attachments sent by email.

Heather has been playing the ukulele for 14 years, and is a member of a ukulele band playing at local gigs. Heather has spent most of her career as a training consultant within a corporate environment.

Location: Royal Historical Society Vic Officers Mess 239 A'Beckett Street, Melbourne 3000 VIC

Dates: 13 Jul 2026 - 23 Nov 2026

Schedule: Weekly on Monday 12 noon - 1:30 PM

Tutor: Heather Smith,

2026 Beginners Guitar 1041-1

Unleash your inner Paul Simon or Joan Baez in this hands-on guitar workshop. Learn to tune your guitar, play basic chords, and explore a songbook of nearly 100 songs. No prior experience needed - just bring an acoustic guitar and capo. Regular practice between lessons is expected to build confidence and skill.

Class materials: Cost of provided song book, chord chart, and weekly work sheets is \$30. Participants need their own acoustic guitar, with a capo.

Tutor Ron Bennett: Ron, formerly a High School IT and Chemistry teacher, has been playing guitar for more than 50 years. This will be the 7th year a U3A class has been run.

Location: Multicultural Hub Rehearsal Room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 2 Feb 2026 - 23 Nov 2026

Schedule: Weekly on Monday 10:00 AM - 11:30 AM

Tutor: Ron Bennett,

2026 City Singers 1717-2

This course offers the opportunity to sing songs together in a relaxed, welcoming environment that supports brain health and connection. The repertoire will be easy to sing - mostly in unison - and will not require high standards of choral singing, music-reading skills, or auditions. Songs will be sung with instrumental accompaniment, a cappella, and online support. Participants will learn new songs, revisit familiar ones, and build confidence in singing. All musicians are welcome to contribute, with no expectation that any one person accompany the full repertoire. Instrumental segments may be included in performances.

Photocopied lyrics will be provided, and a small fee will cover printing and copyright. Regular attendance is expected.

Currently fortnightly, this course will run weekly from May 12th

Group Leader David Feith: David has enjoyed singing in choirs for over 25 years. In 2025, he was a member of City Singers, where he contributed both vocally and instrumentally, accompanying the group on guitar as well as singing.

Location: South Yarra Senior Citizen Centre 65 Toorak Rd West, South Yarra 3141 VIC

Dates: 3 Feb 2026 - 24 Nov 2026

Schedule: Weekly on Tuesday 2:00 PM - 3:30 PM

Tutor: David Feith, Yoly C Estomata,

2026 Music for Pleasure: Recorders & Wind Players TBA 1713-1

NOTE: Enrolments are closed at this time until further notice.

Music for Pleasure welcomes experienced recorder and wind players to rehearse and perform SATB ensemble pieces spanning baroque to contemporary styles. Participants take turns leading sessions, with music shared online. The group meets weekly for two hours of collaborative playing.

PRIOR LEARNING

No instruction is provided—members must read music and play confidently in ensemble settings.

All participants must be experienced recorder players, soprano, alto, tenor or bass. Other wind instruments are welcome but must be able to play in an ensemble.

Music is shared via an online library and participants need to download and print their music sheets. BYO instrument. Stands are provided.

All students waitlisted (before and after classes start) to check proficiency and balance of instruments.

Catherine is an amateur musician who enjoys playing music with other likeminded folk.

Location: Multicultural Hub Rehearsal Room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 2 Feb 2026 - 23 Nov 2026

Schedule: Weekly on Monday 12 noon - 2:00 PM

Tutor: Annette Robinson,

2026 The Ukulele Experience 1517-1

The Ukulele Experience is an opportunity for people with basic ukulele skills to gather in a supportive, friendly setting to play and sing some songs that we like. While this is not a teaching course, we will be working together to enhance our skills through a lot of singing and playing. The overriding aim is to have fun.

Some prior experience such as participation in one of the U3A beginner's ukulele classes would be appropriate. If you can play the chords C, F, G and Am you will be able to enjoy our sessions.

Bring your own ukulele and tuner. Regular practise is expected.

Participants may be asked to contribute to printing costs from time to time.

NOTE; Classrooms are on the 1st floor via stairs, there is no lift.

Brian is a former secondary school teacher with a lifelong love of music.

Location: Royal Historical Society Vic Officers Mess 239 A'Beckett Street, Melbourne 3000 VIC

Dates: 2 Feb 2026 - 23 Nov 2026

Schedule: Weekly on Monday 2:00 PM - 3:30 PM

Tutor: Brian Jensen,

Philosophy & Society

2026 Bite-sized Wisdom ZOOM 1511-1

Beginning in Term 2 this course will continue to the end of the year.

This approachable seminar-style course introduces major philosophical thinkers from Socrates to Augustine. Participants will gain a solid foundation in the ethical, metaphysical and practical questions that shaped the development of Western thought. Through discussion and guided readings, students explore Socratic questioning, Plato's theory of forms, Aristotle's virtue ethics, Epicurean ideas of happiness, Stoic resilience, and early Eastern philosophy through Confucius, Laozi and the Buddha. The course concludes with Marcus Aurelius on leadership and duty, and Augustine on the self, free will and moral struggle.

Christopher holds an honours degree in History and Philosophy and a postgraduate diploma of Education. His interest in both History and Philosophy began in his early teens and has remained a lifelong passion

Location: Zoom 4 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 20 Apr 2026 - 23 Nov 2026

Schedule: Weekly on Monday 1:30 PM - 3:00 PM

Tutor: Christopher Dargan,

2026 Perspectives from the 3rd Age: The Good Life ZOOM 1736-2

Term 3 Short Course, Single Session

Beginning with a brief account of what is known from our evidence-based social sciences about the pursuit of 'The Good Life' and human fulfillment and wellbeing, this zoom delivered one off lecture will then explore the stances taken by different people in 'the third age' as they identify their major perspectives about signs and sources of wellbeing.

John Carr worked primarily as a psychologist in both clinical and academic settings and lectured at universities in Australia and the USA. John's courses leave you with a whole new outlook on the way we understand ourselves and others.

Location: Zoom 4 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 12 Aug 2026

Schedule: One day only: 12 Aug 2026 9:30 AM - 11:30 AM

Tutor: John Carr,

2026 Philosopher's Cave; A Community of Enquiry AM 1481-1

Enrolment requests suspended due to long waitlist.

Philosophy: serious business, seriously fun. Members will be emailed weekly pre-session stimulus material from which to formulate questions. At each session, the group collectively selects which questions to pursue. These are explored with philosophical rigour — not idle speculation — in a spirit of respectful dialogue and shared inquiry. Prerequisites: An enquiring mind and a willingness to engage in thoughtful, respectful discussion. No prior study of philosophy or familiarity with the canon is required — just curiosity and openness.

Prerequisites: An enquiring mind and a preparedness to engage in respectful discussion and exploration of ideas are essential. Previous studies in Philosophy and/or familiarity with the Philosophic canon is not required.

Participant Materials; An email address and access to the internet are needed.

Tutor Darrell Reid, a retired philosophy teacher, has led the Philosopher's Cave at U3A Melbourne City for over a decade. He's an active participant in Philosophy Cafés and public forums, fostering thoughtful dialogue and a love of lifelong inquiry

Location: Multicultural Hub Rehearsal Room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 12 Feb 2026 - 26 Nov 2026

Schedule: Weekly on Thursday 10:00 AM - 12 noon

Tutor: Darrell Reid,

2026 Philosopher's Cave; A Community of Enquiry PM 614-1

Philosophy: serious business, seriously fun. Members will be emailed weekly pre-session stimulus material from which to formulate questions. At each session, the group collectively selects which questions to pursue. These are explored with philosophical rigour — not idle speculation — in a spirit of respectful dialogue and shared inquiry. Prerequisites: An enquiring mind and a willingness to engage in thoughtful, respectful discussion. No prior study of philosophy or familiarity with the canon is required — just curiosity and openness.

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Location: Multicultural Hub Rehearsal Room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 12 Feb 2026 - 26 Nov 2026

Schedule: Weekly on Thursday 1:00 PM - 3:00 PM

Tutor: Darrell Reid,

2026 Philosophy - The Basics- Ethics ZOOM 488-1

Beginning in Term 2 this course will continue to the end of the year.

We begin by exploring the central ethical question: How should we live? Participants are introduced to major moral theories that include; consequentialism, deontology, virtue ethics, natural law, relativism, care ethics and feminist ethics. Students examine whether values are objective, how duties and character shape action, and how moral reasoning applies to real-world issues. Later sessions focus on applied ethics, including personhood, life and death, justice, inequality, political responsibility and global challenges. The course concludes with moral psychology, exploring why good people act badly and how emotion, context and moral luck shape behaviour.

Christopher holds an honours degree in History and Philosophy and a postgraduate diploma of Education. His interest in both History and Philosophy began in his early teens and has remained a lifelong passion.

Location: Zoom 4 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 22 Apr 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 1:30 PM - 3:00 PM

Tutor: Christopher Dargan,

2026 The 60s: A Remarkable Decade 1176-1

Term 3 Short Course

The 60's was a period of fascinating people, events and cultural change that is still affecting our lives today. This short course will explore the major themes and events of this fabulous, yet complex decade. Topics include decolonisation and its effects, changes to popular culture (film, television and music), the Cold War, the Vietnam War, increasing affluence and consumerism, advances in technology, and the impact of important social movements such as civil rights and feminism.

Links to further reading/viewing will be provided.

Tutor Brian Dargan grew up in Sydney, studied law and worked as a government lawyer in Darwin before transferring to Melbourne in 1986. He became interested in the 1960s about 15 years ago, and has been collecting information about events of that decade ever since.

Location: Greek Centre, Level 1 Room 1 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 13 Jul 2026 - 14 Sep 2026

Schedule: Weekly on Monday 2:00 PM - 3:30 PM

Tutor: Brian Dargan,

2026 The New Economy and our Changing Society 1080-1

NOTE; Enrolment requests suspended due to long waiting list.

This is a discussion group focused on the social effects and political implications of a period of change. We discuss different topics each week, such as Inequality in society, Modern Monetary Theory, the Cold War between USA and China, Blockchain, Digital Currencies, Climate change, and Globalisation.

Class Materials: Must have an email account to receive weekly documents relating to the topic.

Tutor John Hill: John is a businessman and founder of a fashion industry software company. Long interested in politics and global affairs, he now enjoys sharing his wide reading with a lively group of retired learners, fostering thoughtful discussion and insight.

Location: Multicultural Hub Purple room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 5 Feb 2026 - 26 Nov 2026

Schedule: Weekly on Thursday 10:00 AM - 12 noon

Tutor: John Hill,

2026T4 Fully Human ZOOM

Term 4 Short Course Single Session

This zoom based seminar will question what might be the nature of the fully-developed human being. We will look into the variety of conceptions of human fulfillment, from the earliest conceptions in ancient Greek philosophy through to more modern understandings from psychological enquiry. As an excerpt from 'The Good Life' course, we will examine,

not only what has already been discovered, but also enquiring into questions about the future perhaps transpersonal evolution of our nature.

John Carr worked primarily as a psychologist in both clinical and academic settings and lectured at universities in Australia and the USA. John's courses leave you with a whole new outlook on the way we understand ourselves and others.

Location: Zoom 4 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 7 Oct 2026

Schedule: One day only: 7 Oct 2026 9:30 AM - 11:30 AM

Tutor: John Carr,

2026T4 Introduction to Critical Reasoning

Term 4 Short Course

This course is an introduction to informal logic, the science of good reasoning. Topics covered include: how to analyse and evaluate arguments, inductive and deductive reasoning, identifying logical fallacies, and how to formalise arguments using basic propositional logic. Students are encouraged to bring their own examples of arguments from books or media for class discussion.

No admission after the first class.

Judith is a former overseas aid worker and international development academic who after retirement discovered the joys of analytic philosophy and has dedicated the rest of her life to its study and practice.

Location: Multicultural Hub Green Room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 7 Oct 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 2:00 PM - 4:00 PM

Tutor: Judith Shaw,

2026T4 Personality Cults, Political Populism, and The Age of Rage ZOOM

In the context of a global return to fascism, manifesting here in Australia with nazis and sovereign citizens and political turbulence, bigotry, and hate crimes, here is a study of the rise and nature of personality cults and populism, exploring the evolutionary social-psychology underlying the personality cults of significant historical 'leaders', tyrants and dictators, from ancient to modern times, the phenomenon of charisma, and the characteristics of susceptible followers; seeking to identify the dangers for progressive and sustainable peaceful societies.

John Carr worked primarily as a psychologist in both clinical and academic settings and lectured at universities in Australia and the USA. John's courses leave you with a whole new outlook on the way we understand ourselves and others.

Location: Zoom 4 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 18 Nov 2026

Schedule: One day only: 18 Nov 2026 9:30 AM - 11:30 AM

Tutor: John Carr,

2026T4 Perspectives : Re-Viewing the Virtues ZOOM

Term 4 Short Course Single Session

This Zoom one off seminar explores perspectives on virtues, beginning with an earlier study amongst younger people, and comparing this with the viewpoints of 'The Third Age' concerning human excellence and character strengths. While a number of continuities emerged across the ages, yet some significant and nuanced changes were revealed in emphasis and focus between the two groups. Whereas both age-groups show a high valuing of Integrity and OpenMindedness, and comparative de-emphasis of Prudence, yet some differences emerged, with the 'Third Age' showing higher valuing of more internal forms of engagement with the world and others, compared to more energetic or aroused forms for the younger group.

John Carr worked primarily as a psychologist in both clinical and academic settings and lectured at universities in Australia and the USA. John's courses leave you with a whole new outlook on the way we understand ourselves and others.

Location: Zoom 4 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 28 Oct 2026

Schedule: One day only: 28 Oct 2026 9:30 AM - 11:30 AM

Tutor: John Carr,

Poetry & Literature

2026 Discovering Classic and Contemporary Literature 1791-1

Each monthly session will explore and discuss classic and contemporary fiction and non-fiction works chosen by the group.

July 6 - The Waves by Virginia Woolf

August 3 - Mansfield Park by Jane Austen

September 7 - Passage to India by E.M. Forster

October 5 - Adam Bede by George Eliot

November 2 - The Mayor of Casterbridge by Thomas Hardy

Janne Skinner has degrees in economics, history and sociology, and worked as an economist, and lecturer in sociology and media studies. Her book credo for this class is enjoyment, learning and understanding.

Location: Ross House Rainbow Rm 4.2 247 Flinders Lane, Melbourne 3000 VIC

Dates: 4 May 2026 - 2 Nov 2026

Schedule: Monthly, first Monday 2:15 PM - 3:45 PM

Tutor: Janne Skinner,

2026 Great Works of Literature: Russian Fiction 1716-1

Beginning with Pushkin, this course explores Russian literature from Tsarist to Soviet times. Longer texts span several sessions. Weekly lectures are emailed, and digital versions of key books are available. The course offers insight into Russian ideas, values, and literary traditions. It's hoped that participants can enjoy the literature and gain some insight into Russian ideas and values. Discussion and participation are essential to the class. Participants are expected to be ready to offer their views.

Class members are expected to read the set text and to bring their copies to meetings. A very strong commitment to reading is essential.

Course Materials: The text itself, either digital or hard copy. A detailed booklist is available on request.

Christina has taught at both school and University levels.

Location: Multicultural Hub Purple room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 11:30 AM - 1:00 PM

Tutor: Christina Hill,

2026 Indian Literature 1718-1

Explore Indian literature written in English by major 20th and 21st century authors. Each month there is a focus on one writer and book, with background presentation, reading aloud, and discussion. Books will be accessible via libraries or purchase, with extracts provided. No prior knowledge required.

Tutor David Feith: David has taught U3A courses on South Indian history, culture, religion, and temples, drawing on his academic background in Indian Studies at University and lived experience in India.

Location: Greek Centre, Room 2.2 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 12 Feb 2026 - 12 Nov 2026

Schedule: Monthly, second Thursday 1:30 PM - 3:00 PM

Tutor: David Feith,

2026 Literati Lounge 1011-1

Each participant brings a book to present briefly, sparking discussion on shared authors, themes, or genres. We explore everything from new releases to classics, fiction and non-fiction, well-known and hidden gems. Library, audio, and e-books are welcome. Book exchanges follow presentations - bring one, take another! The convenor shares a list of discussed titles with the group after each monthly meeting.

Group Leader Janet Nicholds: Janet loves reading and hearing about books and writers, and this class is a marvellous context in which to indulge this interest.

Location: Ross House Rainbow Rm 4.2 247 Flinders Lane, Melbourne 3000 VIC

Dates: 16 Feb 2026 - 16 Nov 2026

Schedule: Monthly, third Monday 12:30 PM - 2:00 PM

Tutor: Janet Nicholds,

2026 Novels Group (face-to-face) 1382-1

NOTE; Enrolment requests are suspended due to a long waitlist.

Join a monthly face to face book group (2nd Friday) to explore one novel per session. Each book is set in advance and is best read beforehand. Guided discussion encourages thoughtful participation and shared insights.

Titles selected for 2026 are:

13th March: Shirley Hazzard, The Bay of Noon

10th April: Iris Murdoch, The Nice and the Good

8th May: Rachel Joyce, The Homemade God

12th June: Julian Barnes, The Noise of Time

10th July: Daphne Du Maurier, Rebecca

14th August: Anita Brookner, Latecomers

11th September: Robert Harris, Pompeii

Class members will need access to the novels.

Enrolment conditions: There are 2 Novels Groups, one Zoom and one face-to-face. Please enrol in only one of the groups.

Tutor Don Just: As a retired prosecution barrister, when joining U3A in 2015 Don introduced short courses in Criminal Law. During COVID Don pivoted to tutoring a Novels course on Zoom before converting to face-to-face delivery over the past 4 years. Don selects novels from an eclectic range of genres, eras, author backgrounds and gender. Both zoom and face to face class formats have proved immensely popular

Location: Ross House Esther Harris Rm2.1 247 Flinders Lane, Melbourne 3000 VIC

Dates: 13 Mar 2026 - 11 Sep 2026

Schedule: Monthly, second Friday 10:00 AM - 11:30 AM

Tutor: Don Just,

2026 Novels Group ZOOM 1261-1

Join a monthly ZOOM group (2nd Thursday) to explore one novel per session. Each book is set in advance and is best read beforehand. Guided discussion encourages thoughtful participation and shared insights.

Titles selected for 2026 are:

12nd March: Shirley Hazzard, The Bay of Noon

9th April: Iris Murdoch, The Nice and the Good

14th May: Rachel Joyce, The Homemade God

11th June: Julian Barnes, The Noise of Time

9th July: Daphne Du Maurier, Rebecca

13th August: Anita Brookner, Latecomers

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Location: Zoom 1 Online U3A Melbourne City Level 4/168 Lonsdale St, Melbourne 3000 VIC

Dates: 12 Mar 2026 - 10 Sep 2026

Schedule: Monthly, second Thursday 1:30 PM - 3:30 PM

Tutor: Don Just,

2026 Poetry Appreciation TBA 1372-1

A wide variety of poems from all ages and cultures will be read and discussed together. Through shared reading and discussion, students gain a greater knowledge and appreciation of poetry as an enduring art form that deepens understanding of culture and self. No prior learning or homework is required.

NOTE: This is a fortnightly class.

Course materials are provided before each class, with handouts emailed or hard copies available for \$10 per term. A contribution for photocopying is required \$2 per semester.

All students waitlisted (only after classes started).

Tutor Nancy Corbett: Nancy is a published writer (fiction, memoir, and poetry). She was born in Canada and has lived in Australia since 1974.

Location: Ross House Rainbow Rm 4.2 247 Flinders Lane, Melbourne 3000 VIC

Dates: 16 Jul 2026 - 19 Nov 2026

Schedule: Fortnightly on Thursday 12:30 PM - 2:00 PM

Tutor: Nancy Corbett,

2026 Reading Ulysses Slowly, Parts III and 1V 1797-1

Semester 2 Course

This semester continues our slow reading of 'Ulysses', commencing with the user-friendly (mainly) realist episodes of Ulysses, 7-9 over 7 weeks. The chapters are thematised and focussed and cover topics like the press, food, and a clever survey of Shakespeare's life and writings by Stephen Dedalus, a fairly challenging exercise which does double-service as a writing manifesto for Joyce himself. After a four-week break, we will tackle just two intriguing chapters, 10 and 11. This offering ratchets up the gears as Joyce gets more ambitious: the novel becomes self-conscious about the nature of fiction itself. Episode 10 deals with a host of Dubliners circulating in the city and makes points about both time and space/place, and their interconnectedness, and class and we'll meet some familiar characters, while 11 takes a deep dive into musicality in all its forms. Sirens warrants an extra week on it, so 5 weeks in all. It is possible to pick up Ulysses mid-stream because chapters are relatively self-contained: new students welcome. You'll need any edition of Ulysses, preferably an annotated one.

Please note class dates do not follow usual term dates.

Frances Devlin-Glass was among the first generation of Joyce students in 1968 at UQ. Since 1994, she is the founding Artistic Director of Bloomsday in Melbourne, demystifying his counter-cultural and comedic works for new and established devotees.

Location: Multicultural Hub Green Room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 17 Jul 2026 - 30 Oct 2026

Schedule: Weekly on Friday 10:00 AM - 12 noon

Tutor: Frances Devlin-Glass,

2026 Shakespeare Revisited 356-1

Enrolment requests suspended due to long waitlist.

Step into the world of Shakespeare, where every line pulses with beauty, tragedy, humour, and insight. In this course, we'll read and watch selected plays, exploring how Shakespeare's unmatched language and deep understanding of human nature continue to resonate today. Through lively class discussions and thoughtful analysis, we'll uncover the timeless relevance of his stories - from love and ambition to betrayal and redemption. Whether you're new to Shakespeare or returning with fresh eyes, this course offers a welcoming space to connect, reflect, and be moved. Classes include reading aloud in class, discussion, small group deconstruction and watching the plays on film.

Students need to bring relevant texts to class. Also handouts will be provided.

Tutor Sandra Joicey: Sandra brings her love of Shakespeare to a wider audience. Sandra finds sharing the brilliance of Shakespeare with others is both satisfying and rewarding.

Tutor Sandra Joicey: Sandra brings her love of Shakespeare to a wider audience. Sandra finds sharing the brilliance of Shakespeare with others is both satisfying and rewarding.

Location: Melbourne Men's Shed Hall Federation Sqare, Russell St Ext Car Park, Grd level, outside lift, Melbourne 3004 VIC

Dates: 5 Mar 2026 - 26 Nov 2026

Schedule: Weekly on Thursday 10:00 AM - 12 noon

Tutor: Sandra Joicey,

2026 Women in History Book Club 1527-1

Semester 2 Course

This relaxed, friendly group is for members who enjoy reading non-fiction about women in history. We select books that uplift women's stories and voices across time. Our discussions are informal yet structured. Explore the lives and legacies of remarkable women through biography, memoir and historical writing and join a welcoming conversation with fellow readers.

We will be reading the following books:

A woman's eye, her art by Drusilla Modjeska - July

Notorious RBG by Carmon and Khizhnik - August

Say Hello - Carly Findlay - September

Madam Brussels: The life and times of Melbourne's most notorious woman by Barbara Minchinton - October

Victoria the Queen by Julia Baird - November

Note: Must read the monthly book that can be sourced from the library, digital readers or purchased. Non attendance of first two book club discussions will result in withdrawal.

The Women in History monthly book club is co-lead by five experienced tutors with a shared passion for remarkable women in history and literature. They are Sharon Carter, Julie Badger, Margi Breare, Jo Winter and Catherine Westerland.

Location: Greek Centre, Room 2.1 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 20 Jul 2026 - 16 Nov 2026

Schedule: Monthly, third Monday 1:30 PM - 3:00 PM

Tutor: Sharon Carter,

Co-Tutor: Badger, Julie Breare, Margaret Westerland, Catherine Winter, Joanne

Science and Technology

2026 Beginner's Guide to Relativity 1594-1

Term 3 Short Course

Einstein's theory of relativity transformed our understanding of space, time, and gravity. Designed for beginners, this course explores why time slows down for fast-moving objects, why lengths contract, and how seemingly paradoxical scenarios can be rigorously resolved. It concludes by showing that gravity is the curvature of spacetime, with real consequences for astronomy and GPS.

No entry after first class.

Tutor Ian Burchell holds a physics doctorate from Oxford University, where he was also employed as a tutor.

Location: Greek Centre, Room 2.2 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 16 Jul 2026 - 20 Aug 2026

Schedule: Weekly on Thursday 10:00 AM - 11:30 AM

Tutor: Ian Burchell,

2026 Travel Tech 1805-1

Term 3 Short Course

The course explores technology useful for international travel. It is largely focused on mobile phone usage for communication, navigation and photo/video management. Specific topics include data roaming, wifi calling, messaging apps, online maps and offline maps, tracking people and things, photo and video editing.

Participants will need to bring their mobile phone. The course assumes a fairly modern iPhone or Android phone.

Printed handouts will be provided.

Tutor Peter Yuill has been a keen international traveller for over 30 years, having visited at least 30 counties on every continent. A 40 year career in IT has added a strong interest in travel technology.

Location: Greek Centre, Room 2.3 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 17 Jul 2026 - 18 Sep 2026

Schedule: Weekly on Friday 10:00 AM - 11:30 AM

Tutor: Peter Yuill,

2026T4 AI For Beginners

Term 4 Short Course

Curious about AI? This hands-on course for iPhone users covers simple conversations in Claude, refining answers, understanding documents, creating images, and developing personal projects. No jargon or experience needed—just learn by doing.

Bring your iphone (ios 16 or above) and your curiosity.

No admission after the first session.

Sharon is a naturally curious explorer of ideas who believes learning should be practical, enjoyable and accessible to everyone. A self-taught AI enthusiast, she loves discovering new possibilities and helping others gain the confidence to do the same. Can I spark your curiosity?

Location: Multicultural Hub Gallery Room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 9 Oct 2026 - 23 Oct 2026

Schedule: Weekly on Friday 12:30 PM - 3:00 PM

Tutor: Sharon Carter,

2026T4 Impacts of technology developed during WW2

Term 4 Short Course

The course of 4 lectures will deal with some aspects of technology developed during WW2 and its impact on both the duration and outcome of the war. Specifically the material covered will be codebreaking and radar. Further lectures may cover chemical weapons, the atomic bomb and deception.

Ian Taylor originally qualified as an Electrical Engineer having studied at RMIT and Monash University

His career has included:-

Bureau of Meteorology – Weather satellite signal processing

Antarctic Division – upper atmospheric research

Alfred Hospital – biomedical engineering

CSIRO – metallurgical process development

In retirement he has:-

Managed the finances of a ski club

Served on a medical research ethics committee

Delivered U3A lectures on the impact of war on technology and the impact of technology on war.

Location: Multicultural Hub Green Room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 20 Oct 2026 - 17 Nov 2026

Schedule: Weekly on Tuesday 11:00 AM - 12:30 PM

Tutor: Ian Taylor,

Special Interest

2026 Self Defence For Street And Home Survival 1691-1

Beginning in Term 2 this course will continue to the end of the year.

The aim of the course is to teach easy but very practical self-defence skills for street/home survival. Students work within their own comfort zones during the low impact classes. Beginning with a basic warm up, participants will be taught various exercises and techniques that are easily practiced at home. It is hoped that participants will leave the course with more self-awareness and confidence in their ability to cope in unwelcome situations.

Wear loose, comfortable clothing. Footwear permitted.

NOTE; Classroom on the 1st floor, no lift.

Bob has been involved in martial arts since 1972 and teaches Black Dragon Kempo, a cross between Karate and Kung Fu.

Location: Royal Historical Society Vic Officers Mess 239 A'Beckett Street, Melbourne 3000 VIC

Dates: 22 Apr 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 10:15 AM - 11:30 AM

Tutor: Bob Wright,

2026T4 Basic Rope Skills

Term 4 Short Course

A 3-week hands-on course for those wanting to understand and use ropes more effectively around the home. We cover selection of ropes, how to care for ropes, how to choose the best knot for a purpose and how to safely load and tie down trailers and trucks.

Participants will be provided with handout notes and good quality rope for the classes. These are covered in the cost of \$5 per participant -- the rope and notes are for participants to keep and use after the course.

Tutor Mark Schier Mark grew up on a farm with time to explore the outdoors and farm life. He has experience, skills, and a love of ropes, knot and trucks. He will pass on this knowledge in a hands-on course.

Location: The Hub at Docklands The Long Room 80 Harbour Esplanade, Docklands 3008 VIC

Dates: 5 Nov 2026 - 19 Nov 2026

Schedule: Weekly on Thursday 10:00 AM - 11:30 AM

Tutor: Mark Schier,

2026T4 Style after 60

Term 4 Short Course

VENUE/DAY/TIME TBC

Style After 60 is your invitation to ditch the rules, refresh your wardrobe, and step into retirement with confidence and flair. Through playful activities, personalised worksheets, and expert tips, you'll learn to edit your wardrobe, shop intentionally, and build outfits that feel effortless and authentically you.

Dress for the life you're excited to live next — and look fabulous doing it.

Participants need to bring pen, folders with plastic sleeves for worksheets and other information.

Julia's varied career spanned leading a national school education program, directing a major leadership program, helping build China's mental health system and exploring concepts of national security. She even managed Melbourne's millennium celebrations for 375,000 people. Raised amid the creativity and chaos of 1950's -70's Flinders Lane's rag trade, she's long been passionate about clothes and fashion.

Location: To be Advised To be advised, MELBOURNE 3000 VIC

Dates: 21 Oct 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 10:00 AM - 12 noon

Tutor: Julia Fraser,

Co-Tutor: Connelly, Suzanne

Travel Club

2026 Travel Club 1651-1

This club will continue its fortnightly meetings throughout 2026 following its launch in 2025. We welcome anyone interested in travel, including frequent travellers, occasional travellers, past travellers and armchair travellers.

Each meeting will be hosted by one of our three co-convenors - Russell Huntington, Wendy Katz and John Stone - who are all keen and frequent travellers. They will share their own travel experiences and/or host presentations by club members and occasional guest presenters. Meetings typically include at least two presentations on a wide range of travel destinations and topics. Club member participation is strongly encouraged.

Location: Multicultural Hub Purple room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 23 Apr 2026 - 19 Nov 2026

Schedule: Fortnightly on Thursday 2:30 PM - 4:00 PM

Tutor: Russell Huntington, John Stone,

Co-Tutor: Katz, Wendy

Wine Appreciation Group

2026 WAG - Wine Appreciation Group (The Original) 1387-1

The group meets once a month to taste, review, formally rate, and grow an appreciation of the beauty of the grape. A member or members lead the discussion topic of the evening. Members research and present on their own chosen wine related topic and select and provide the related wines. The tasting is complemented by appropriate cheese/s and nibbles.

Each session costs are shared (approx. \$18 each).

There are no prerequisites apart from having an interest in wine and a desire to learn more about it.

Group Leaders: Greg Mann and Bob Krstic.

Location: Ross House Sue Healy Rm 2.2 247 Flinders Lane, Melbourne 3000 VIC

Dates: 18 Feb 2026 - 18 Nov 2026

Schedule: Monthly, third Wednesday 7:30 PM - 10:00 PM

Tutor: Bob Krstic, Greg Mann,

Co-Tutor: Krstic, Bob Mann, Greg

2026 Wine Appreciation Group First Wednesday 1386-1

Wine Appreciation – Shared Discoveries in Every Glass.

Each month members come together to taste and discuss six wines chosen by fellow participants. Whether local gems or international finds, the selections follow a theme that sparks conversation and curiosity. Sessions blend informal learning with sensory delight - exploring the stories, science, and subtle pleasures behind each bottle. Tastings are complemented by thoughtfully paired cheeses and nibbles.

On a rotating basis members will supply wine, snacks, and handouts. Participants need to provide writing material and enthusiasm.

Contribution: \$20–25 each per session (covers wine and food).

Tutor Tony Brotherton: Tony's interest in wine began while studying Metallurgy at RMIT. A growing curiosity led to a Bachelor of Science in Wine Science at Charles Sturt University. Exploring the possibility of establishing his own vineyard, Tony spent 15 years as an assistant winemaker at Mt Duneed Wines.

Location: Ross House Sue Healy Rm 2.2 247 Flinders Lane, Melbourne 3000 VIC

Dates: 4 Feb 2026 - 4 Nov 2026

Schedule: Monthly, first Wednesday 7:30 PM - 10:00 PM

Tutor: Tony Brotherton,

Co-Tutor: Raftery, Heather

Writing Groups

2026 Monday Writers 333-2

No experience needed - just a love of writing. Between sessions, participants write 500 words on one of four topics and share their work in the following session, followed by optional feedback that aims to foster creativity, confidence, and connection. Writing may include prose, poetry, reflections, or stories, and be sourced from personal experience, imagination, or research through print or online sources. A 4-minute write also features weekly. Participants find that writing something each week and hearing the writing of others brings personal satisfaction and improvement in their own writing.

A small contribution will be required towards the printing of a book containing 2-3 articles prepared by each participant.

Group Leader Ken Mayes: Ken enjoys writing poetry and short stories and believes regular practice and sharing are key to improvement. He has completed five creative writing subjects, joined Monday Writers in 2023, and began facilitating the class in 2025.

Location: Multicultural Hub Green Room 506 Elizabeth Street, Melbourne 3000 VIC

Dates: 2 Feb 2026 - 23 Nov 2026

Schedule: Weekly on Monday 1:00 PM - 3:00 PM

Tutor: Ken Mayes,

2026 Scriptwriters 902-1

Participants learn to write scripts by doing and feedback from other members of the group. They enact these scripts and so improve their acting skills. Sometimes members may go to plays out in the community. We have a social lunch together during school holidays. After our weekly group we go for a coffee and snack at a city cafe, so bonding as a group can develop.

We discuss and present scripts we have written. Plan for podcasts and the yearly show at Seniors Week. We provide a face to face meeting each week, with zoom provided for those who can't make it physically to our meeting.

Participants are encouraged to write a script each week or work on a longer one. Topics are given and member feedback and ideas are valued and used.

PRIOR LEARNING

No prior experience required, just an interest in people and writing. Hopefully we are a melting pot of ideas!

Course Materials; Computer access for emails amongst members & for sending in scripts & keeping in touch, as we are a little community. Participants can bring scripts printed for sharing with the group too, if they wish.

Sometimes there could be a financial contribution for a group project, such as our yearly show... Printed colour flyers to advertise the show, but discussion & agreement occurs beforehand.

Location: Greek Centre, Room 2.1 168 Lonsdale Street, Melbourne 3000 VIC

Dates: 5 Feb 2026 - 26 Nov 2026

Schedule: Weekly on Thursday 11:00 AM - 1:00 PM

Tutor: Maree Collie,

2026 Wednesday Writers 1317-1

Wednesday Writers is a welcoming space for all genres and writing styles. Each month: an optional theme and a poetry day. Each week: Individual projects and The Surprise — an on-the-spot prompt to spark creativity. Members share work aloud, exchange ideas, and take turns leading activities. With warmth, respect, and encouragement, the group fosters confidence, connection, and the joy of writing.

PRIOR LEARNING

Enjoyment of writing. Sensitivity to encourage and support members.

Andrea's inspirations to lead Wednesday Writers come from: Professional Writing course at TAFE. Teaching in the Correspondence School. Being a Celebrant. Loving Reading, Writing and People!

Location: Ross House Esther Harris Rm2.1 247 Flinders Lane, Melbourne 3000 VIC

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 12:30 PM - 2:30 PM

Tutor: Andrea O'Donoghue,

Yoga

2026 Yoga for Beginners and all Levels of Experience 1580-1

NOTE; This course is closed to further enrolment requests.

This course follows the Classical approach to Yoga, welcoming beginners and experienced students alike. Rooted in a tradition dating back to 5,000 B.C., the practice focuses on alignment, breath awareness, and balance - bringing strength, flexibility, and a deep sense of wellbeing to the whole being. The course is designed for all body types and levels of experience.

No prior learning required.

Students are encouraged to practise daily and bring a yoga mat, warm blanket, small pillow, and wear comfortable clothing to class.

Tutor Maureen McBride: Maureen has taught Yoga at U3A Melbourne City for over 11 years, to people of all backgrounds. As a Life Member, she continues to find joy in guiding others in their yoga practice.

Location: GAA House LR2-1stFl 380 Spencer Street, Melbourne 3000 VIC

Dates: 10 Feb 2026 - 24 Nov 2026

Schedule: Weekly on Tuesday 10:30 AM - 12 noon

Tutor: Maureen McBride,

2026 Yoga for good health and vitality. 1405-1

Learn a simple practice of Classical Hatha Yoga for everyday living. Each energetic session begins with a 2-minute Rock & Roll dance to an Elvis Presley song, followed by yoga that stretches, strengthens, and energises. Prior yoga experience is helpful and practising at home is encouraged. Please bring a yoga mat and a blanket or thick towel for support. Expect to feel joyful, balanced, and uplifted.

Tutor Yolanda Pettinato: Yolanda participated in her first Yoga class 35 years ago. She became a qualified teacher in 1995, and she has been teaching ever since. She had her own Yoga studio in St Kilda for over 20 years and she is the Author of the best-selling publication Book/DVD titled 'Simply Yoga'.

Location: The Hub at Docklands The Community Space 80 Harbour Esplanade, Docklands 3008 VIC

Dates: 4 Feb 2026 - 25 Nov 2026

Schedule: Weekly on Wednesday 10:00 AM - 11:30 AM

Tutor: Yolanda Pettinato,